# Welcome to the Dickinson-in-Seoul Program!

Dear Dickinson-in-Seoul Program Participant:

This <u>Seoul Orientation Handbook</u> has been prepared to make your transition to Seoul and the Korean educational system a little smoother.

If you have any questions, contact the Center for Global Study and Engagement (CGSE) at (717) 245-1341 or <a href="mailto:global@dickinson.edu">global@dickinson.edu</a>. The Center for Global Study and Engagement is open Monday through Friday from 8:30 am to 4:30 pm (EST).

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# IMPORTANT CONTACT INFORMATION

# Program Contact at Yonsei University:

Office of International Affairs Yonsei University Suite S308, Building 310 (Baekyang Hall) 50 Yonsei-ro, Seodaemun-gu Seoul 03722 Republic of Korea 82-2-2123-3983 abroad@yonsei.ac.kr Website: oia.yonsei.ac.kr

The Office of International Affairs is open weekdays and is located at the Global Lounge Study Abroad Center.

# The Center for Global Study and Engagement:

Katie DeGuzman, Dean and Director, Education Abroad

E-mail: deguzmak@dickinson.edu

## Marissa Mitchell, Assistant Director, Education Abroad

E-mail: mitchmar@dickinson.edu

Dickinson College P. O. Box 1773 Carlisle, PA 17013-2896 FAX: 717-245-1688

TEL: 717-245-1341

# Major Emergency Protocol:

If you need to contact the Center for Global Study and Engagement after hours for emergency assistance in a very serious situation, call the Dickinson College Public Safety 24-Hour Hotline (001-717-245-1111), identify yourself and the program, describe the emergency briefly, and give a number for call back. The operator will locate the proper CGSE staff member, who will return your call.

# Embassy of the Republic of Korea:

Embassy of the Republic of Korea in the USA 335 E. 45<sup>th</sup> St. (4<sup>th</sup> Floor) New York, NY 10017

Public Office (Visa Section) 460 Park Ave. (57<sup>th</sup> St.) 6<sup>th</sup> Floor New York, NY 10022

Phone: (646) 674-6000

Fax: (646) 674-6023

Korean Embassy home page: <a href="http://usa.mofat.go.kr">http://usa.mofat.go.kr</a>/

There are South Korean Consulates in Anchorage, Atlanta, Boston, Chicago, Dallas, Guam, Honolulu, Houston, Washington D.C., Los Angeles, San Francisco, and Seattle.

# PROGRAM PREPARATIONS

# Program Fees/Financial Aid Information

## **Program Fees:**

The program fee for the 2021-2022 academic year is \$73,410.00; for a single semester the fee is \$36,705.00. Students at Dickinson College will receive invoices from the Student Accounts Office that show credit for the \$300 confirmation fee and any applicable amounts from your financial aid package.

The program fee includes the following: tuition and fees at Yonsei University, housing, local transportation subsidy, program excursion allowance, and settling in costs. Not included are: travel costs to/from Seoul, required health and accident insurance purchased in the U.S., visa expenses, books, clothing, personal entertainment, vacation travel, and other personal expenses.

Arrangements for any type of monthly payment plan options should be made as soon as possible through Tuition Management Systems (1-800-722-4867, x 775, or <a href="www.afford.com">www.afford.com</a>). If the balance due on your account is not paid by the deadline noted on the billing, or if special arrangements have not been made with Student Accounts (Tel. 717-245-1953 or email: <a href="stuaccts@dickinson.edu">stuaccts@dickinson.edu</a>), you will not be allowed to participate in the program.

#### **Financial Aid Information:**

Dickinson grant money and endowed scholarships are available only to Dickinson College students on Dickinson programs. Students from other colleges and universities should check with their own financial aid office to determine eligibility.

# TRAVEL PREPARATIONS

The responsibility for ensuring that you have a valid passport and visa in time for your program is ultimately yours.

# Passport and Visa Information

# **Passport Information:**

A valid passport that does not expire for 6 months beyond the end date of the program is required to enter any country. If your passport expires before the required validity, you will have to acquire a new passport before departure and/or before applying for a visa. If you have not applied for your passport, you must do so immediately. You can find more information at the Center for Global Study and Engagement, or you can contact the Carlisle Post Office located at 66 West Louther Street, Carlisle PA or the Prothonotary's Office at the Cumberland County Courthouse at 717-240-6195.

If your program requires a visa, before sending your passport through the mail to apply for a visa, sign in the signature line provided with an ink pen, and also write in pencil your current address and daytime telephone number in the blank space provided opposite your photo page. This will help the U.S. Postal Service return it to you, if it should become separated from the envelope during processing. Be sure to use some traceable form of mail.

#### Visa:

You must obtain a visa to participate on the Dickinson in Korea program.

A visa is a stamped endorsement placed in your passport by the embassy or consulate of a foreign government that allows you to enter that country for a specific period of time. As a student studying abroad you will be applying for the D-2 visa.

To obtain a student (D-2) visa, you must submit\*\*:

- 1. Completed Visa application form available at: <a href="http://www.mofa.go.kr/english/visa/images/res/visakorean.pdf">http://www.mofa.go.kr/english/visa/images/res/visakorean.pdf</a> or at <a href="http://www.hikorea.go.kr">http://www.hikorea.go.kr</a>. (Click on the 'English' tab on the upper left corner).
- 2. Valid passport (with at least one blank page available for the visa)
- 3. Certificate of Admissions (Acceptance Letter from Yonsei University, CGSE will provide this to you in your visa packet)
- 4. Dickinson Letter of Acceptance (CGSE will provide this to you in your visa packet)
- 5. Two passport-size photographs (3.5cm \* 4.5cm)
- 6. Visa Processing Fee (Multiple Entry: Prices are subject to change.)
  - a. If you are considering travelling overseas during your stay in Korea, you are advised to apply for the re-entry visa. However, if you are on the single-entry visa and later choose to travel overseas, you can apply for the re-entry status at the Seoul Immigration Office. Additional fee may be charged.
- 7. Financial Letter of Support (CGSE will provide this to you in your visa packet)
- 8. Express Mail Envelope with postage and your return address for the quick return of your passport and visa.

\*\* Documentation needed may be different depending on citizenship and is subject to change. You are advised to contact the Korean Consulate in your city (or the city where you would apply for

Visa) to confirm the documents needed before applying.

In past years a standard letter of support from the Center for Global Study and Engagement was sent to students to use as documentation of financial support and of enrollment at Dickinson.

The	Yonsei University handbook provides the following information:		
	"It is the responsibility of the individual student to use the 'Certificate of Admission' received		
	from Yonsei to obtain the correct visa needed to attend Yonsei University.		
	Citizens of countries other than Korea must have a student visa or, if they are already residents		
	of Korea, a permission stamp on their residence certificates. Korean law requires departure		
	from the country to change one's visa status. Working in Korea while on a student visa is		
	illegal and may result in heavy fines. Also, please note that withdrawal from the program		
	will mean a change in Visa status, since Yonsei will withdraw sponsorship.		
	All foreigners remaining in Korea over 90 days must obtain a Certificate of Alien		
	Registration from the Seoul immigration office. You are advised to carry this card with you		
	at all times during your stay in Korea. The following will be needed to obtain the Alien		
	Registration Certification (Card):		
	1. Application form (obtained at the Immigration Office; can be filled out in 5		
	minutes)		
	2. Passport		
	3. Three passport size photos		
	4. A copy of certificate of enrollment (obtained at the Office of International		
	Affairs in the Global Lounge)		
	5. Tuition Receipt		
	6. A fee of KRW 10,000		
	*The immigration office may ask for additional bank statements or other		
	documents		
	Korean citizens are not required to have a visa to attend the Undergraduate Regular Program		
	of the Division of International Education."		

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  - If you intend extending your stay in Korea, you must do so before your Certificate of Alien Registration expires.

# **Information for International Students**

If you are not a U.S. citizen, it is your responsibility to research your status, and whether or not you need to obtain a visa, obtain any special entry papers, or other documentation that may be required for entry. Contact the host country embassy in your country of citizenship for assistance. Depending on the country's requirements, you may have to apply in person at that Embassy/Consulate.

## **SEVIS Information for International Students at Dickinson:**

Since you will still be a Dickinson Student while abroad, you are required to pursue a course of study that is considered a full course load at your abroad institution in order to maintain your F-1 status. You will be registered in SEVIS each semester, just as you are while on-campus at Dickinson. Also, please remember to have your I-20 endorsed for travel prior to your departure from campus this semester.

# **Packing Tips and Travel Information**

# **Clothing and Climate**:

When planning what to take with you, the first rule is to take the minimum amount of clothes possible. You will accumulate things while abroad, so when in doubt – leave it at home! Be practical and focus on the essentials of a wardrobe. Korea has four distinct seasons, ranging from mild to severe. Therefore, choose clothes that can be mixed and matched and layered to accommodate different seasons and temperatures. Hot and humid weather generally lasts from early June to mid-September, and short-sleeved cotton blends are suggested. Winter is always accompanied by a little snow in Seoul, but is generally dry, sunny, cold, and windy. Long underwear, sweaters, and at least one heavy coat are necessary, but can be purchased in Seoul. The mean temperature in winter is about 23F (-5C). Summer temperatures usually exceed 80F (27C).

<u>Travel with no more baggage than you can carry!</u> Keep in mind that some airlines have reduced the number of checked baggage allowed and the weight limit. Check with your airline to confirm luggage allowances in order to avoid extra charges.

### Packing Tips:

Korea is a well-developed country in terms of the availability of consumer goods. Certain items, like clothing and sneakers, are inexpensive; most other items, from food to electronics, are available with prices comparable to those of the U.S. Korea uses 60 cycle currents, and while some places have only 220 volt currents, the International Dormitory has both 110 volt and 220 volt currents available in each room. It is advisable to buy an Asian voltage/plug converter before leaving the U.S., especially if you plan to travel to other countries in the region.

Bring washable, color-coordinated clothing that will allow you to dress in layers for comfort and warmth. Here is a list of some basics:

- one pair of sturdy walking shoes that already WELL BROKEN IN and hiking boots (if you enjoy outdoor activities)
- one pair of dress shoes
- sufficient socks and underwear (15-18 of each), including a set of long underwear
- 10-14 shirts/tops/blouses (long- and short-sleeved; dark colors are best
- 1-3 nice outfits for special occasions (ties for men) and all seasons
- 6-8 everyday, wrinkle-resistant bottoms (jeans, corduroys, skirts) in subdued colors,
- shorts (Bermuda-length is preferable)
- a pair of pajamas or sweats that can be also used for long underwear
- an all-weather jacket, preferably with a zip-out lining
- a robe for trips to the shower/bath
- a knit cap, gloves, scarves, etc.
- bathing suit and cap
- a pair of sandals
- slippers/house shoes
- umbrella
- a towel and washcloth set (more can be bought there)
- sufficient pairs of contact lenses, eyeglasses and lens prescription

#### Miscellaneous items:

- Laptop. Note: most laptops come with converters built in the AC adaptor, but make sure you check this. If you do not have the proper converter (i.e. one that can convert 220 volt current), then you will ruin your hard drive.
- 2 converters and adapters for US electronics (Tip: buy hairdryers there!)
- a USB memory device for transferring photos and documents between computers
- a day bag/backpack for travelling
- space/vacuum bags (available at Walmart or Target and help condense the amount of space clothing uses in your luggage)
- luggage ID tags both inside and outside of your luggage
- International phone numbers for computer and credit cards
- sewing kit with safety pins (and paper clips)
- travel alarm clock with extra batteries
- portable music player with extra batteries
- preferred health and beauty products
- small first aid kit
- camera
- all medications (prescription and non-prescription), packed in carry-on luggage
- pocket calculator (with extra battery)--for currency conversion
- notebooks, school supplies, etc.
- Korean-English dictionary
- pictures from home (to show new friends and to decorate your room)
- a few token gifts for friends or your host family (something typically American, representative of the area in which you live, or something from Dickinson College)

For the first few days, pack a bar of soap, toothbrush and toothpaste, and a washcloth. If you have a particular type or brand of toiletry that you like to use, you may want to bring it with you.

# Packing tips from the Transportation Security Administration (TSA):

- Do not pack oversized electronics (laptops, full-size video game consoles, DVD players and video cameras that use cassettes) in your checked baggage when possible. However, please be advised that you will be required to remove these items from your carry-on bag and submit them separately for x-ray screening. Small electronics, such as iPods, can remain in your carry-on.
- Prepare your 1 quart-sized, clear, plastic, zip-top bag of liquids before arriving at the airport, following the 3-1-1 guideline (place liquids into 3.4 ounce bottle or less (by volume); all bottles should be carried in one 1 quart-sized, clear, plastic, zip-top bag)
- Pack all your coats and jackets in your checked baggage when possible. All coats and jackets must go through the X-ray machine for inspection.
- Do not wrap gifts. If a security officer needs to inspect a package, they may have to unwrap your gift. Please wait until you've reached your final destination to wrap gifts.
- Undeveloped film should go in your carry-on bag. You will be able to declare film that is
  faster than 800-speed to a transportation security officer for physical inspection to avoid
  being X-rayed.
- You are required to remove footwear for X-ray screening so wear shoes that are easy to take off and put back on.

- Double check the contents of your pockets, bags, and carry-on luggage to ensure no prohibited items were inadvertently packed.
- When in doubt, leave it out. If you're not sure about whether you can bring an item through the checkpoint, put it in your checked bag or leave it at home.
- For more information, visit <u>www.tsa.gov</u>.

# Carry-on and Checked Luggage:

**BAGGAGE REGULATIONS:** Call the airline directly or go online to inquire about baggage regulations. A backpack with a frame must be checked as one of these allowed pieces. (It should be noted that this type of "backpackers" backpack has been found useful by past participants due to the amount of traveling you will be doing). Attach a label on the outside of your luggage and place a name and address label inside.

In most cases, you are allowed one piece of carry-on luggage not to exceed 45 total inches, which must fit under the seat in front of you or in an overhead bin. Make sure that your luggage follows TSA regulations. Remember that bags should be small enough to go up narrow stairways, go down crowded train aisles, and fit on luggage racks. A coat and a handbag, briefcase, or laptop may be carried on. Also, in case your luggage is delayed for a few days, be sure to pack a change of clothes and any medicine or toiletries you would need in your carry-on bag.

**LAPTOP:** If you bring a laptop, it will be considered one of your carry-on items. You should purchase insurance to cover it in case it is stolen or damaged.

**VALUABLES:** Carry extra cash and travelers checks in a money belt or neck pouch. Do not carry all your cash in one place. Never pack money, valuables, or important documents in your checked luggage!

**LOST LUGGAGE:** Make a list of everything you pack, bring a copy with you and leave a copy of the list at home This will be helpful if your luggage is lost and you need to identify the items and cost of your luggage. If you experience any luggage loss or mishandling, you must file a claim with airline personnel immediately. Do not leave the airport thinking it will be easier to do it at a later time. It won't be.

Airlines don't refund lost baggage unless there are original receipts, so keep the things you care about with you at all times during travel.

#### **Travel Documents:**

Before departure you should make copies of all of your important documents. Leave one set of copies with your family and take one with you to keep in a safe place <u>separate</u> from your original documents.

- The information page of your passport
- Any entrance visas
- Insurance policies and contact information
- Your airline ticket
- Front and back of credit cards and phone numbers for credit card replacement (you cannot dial an 800-number from overseas so you will need a direct number)
- Travelers check numbers
- Contents of your wallet

- Prescription medications
- Rail passes

#### **Immediate Cash/Travel Funds:**

You may want to carry some cash with you to Seoul and exchange it for Korean **won** at the airport when you arrive; \$300-400 should be enough to tide you over for the first few days. There is an ATM in the Yonsei campus at which you will be able to withdraw cash from your U.S. bank account throughout your time at Yonsei. Plan ahead for cash needs in other parts of Korea; ATMs are not as commonly found outside of Seoul.

# Flight and Arrival Information

# **Travel Arrangements and International Flight:**

All students are responsible for arranging and paying for their own international flight to/from Seoul.

The following is a list of travel agents and websites students have used in the past. This list is not exhaustive, and the Center for Global Study and Engagement does not endorse any particular travel agent or booking website.

- Advantage Travel
- GT Tours (Latin America)
- STA Travel
- Student Universe
- Airline website (Delta/American/United, etc)
- Booking websites (Expedia/Skyscanner/Priceline, etc)

You should plan your travel so that you arrive in Seoul according to the date you are allowed to check into your room. The CGSE and/or Yonsei University will update you with move-in dates. When you have booked your flight, please complete the flight itinerary questionnaire found on the online application system at <a href="http://dickinson.studioabroad.com">http://dickinson.studioabroad.com</a>.

In general, passengers on international flights need to be at the airport at least 2-3 hours before departure. Be sure to leave yourself plenty of time for potential delays due to increased security measures. You will need your passport to check in and when you land, so have it available.

#### **Clearing Immigration and Customs:**

Before landing in Seoul, you will be asked to fill out a customs declaration form, which you will need to present as you go through customs.

In order to enter South Korea, you will need to show your passport with your visa stamp.

# **Arrival and Transportation to Yonsei University:**

After you have cleared customs, you will be met and taken to campus. Once you have your airline reservation, you may schedule a pick-up upon arrival through a contracted service that Yonsei uses, called "AirHelp". To schedule your pick-up go to

http://www.airhelp.co.kr/english/index.html and complete the online reservation form. The cost is 75,000 won; Dickinson will be responsible for the fees and will reimburse you through your wire transfer. Additional contact details for AirHelp include: Phone: 82-2-723-7873, Fax: 82-2-723-8353, E-mail: service@airhelp.co.kr or kang7016@hanmail.net

# Orientation, Registration, Langage Placement Exam:

Orientation begins in late August and is mandatory for all students. Course selection and registration occur in the mid-late summer initially, and course adjustments will occur during orientation, as well as an introduction to the academic regulations and other important information. The Korean Language Placement Test will be given to students who plan to take Korean language courses. Test times will be announced. Most students pay dormitory fees at orientation; however, your dormitory fees will be paid to Yonsei University prior to orientation since they are included in your program fee.

At orientation, a student handbook will be distributed with information about the university, student services, dormitory life, cafeterias and restaurants, shopping, transportation, and so forth.

#### Registering with the U.S. Embassy:

You must register with the U.S. Embassy Consular Section in Seoul as soon as possible after your arrival at the following address:

Embassy of the United States- Seoul 188 Sejongno, Jongno-gu Seoul 110-710 Republic of Korea

Tel: (82-2) 397-4114

Web page: <a href="http://seoul.usembassy.gov/">http://seoul.usembassy.gov/</a>

# THE PROGRAM

## Seoul, South Korea:

Official ties between the United States and South Korea, officially known as the Republic of Korea (ROK), are traced to the establishment of formal diplomatic relations in 1882. In the years since the end of the Korean War, a close bilateral political and economic involvement has accompanied U.S. military presence in South Korea. The South Korean economy is the fifteenth largest in the world and, due to rapid urbanization trends, the population of the capital city Seoul is over 10 million and growing.

Downtown Seoul is a vibrant, bustling city, the center of government, and headquarters for major corporations. The city's resources for first-hand study of Korean culture and history are extensive. The Yi Dynasty capital offers a number of exciting historical and cultural sites, including Kyongbok Palace, Toksu Palace, Changgyong Palace, the National Museum, the Folklore Museum, university museums, and the Buddhist temples just outside the old city walls. For modern Korean culture, the city teems with art galleries, music and drama festivals, cultural centers, and thousands of churches.

### **Yonsei University:**

Yonsei University is a large, prestigious research university located in downtown Seoul. With easy access to a wide variety of restaurants, cafés, movie theatres, and art galleries, it also offers a spacious, wooded and relatively quiet campus atmosphere. Yonsei itself is located in one of the most cosmopolitan areas in Seoul, offering a rich mix of traditional culture along with many other international peoples, restaurants, shops and institutions. Yonsei University is located in the area known as Shinchon with other famous universities, including Ehwa Womans University, Sogang University, and Hongik University. Together, these schools make the Shinchon area a bona-fide "college-town."

Upon arrival at Yonsei, international undergraduate students become affiliated with the Division of International Education. Students can take a wide range of special courses taught in English within the Division, Korean language courses at the Korean Language Institute, and regular courses taught in Korean in the other faculties (for students with Korean fluency).

International students are actively encouraged to join a number of different Yonsei student clubs such as the International Yonsei Club or the Global Management Track. These clubs and organizations help make the Yonsei experience a rewarding one.

# ACADEMIC INFORMATION

#### **Academic Culture:**

In a Korean cultural context it is important that you show respect toward teachers, professors, and elders – you should observe appropriate behavior and dress in the classroom, as well as observing Yonsei's strict attendance policy. Each teacher will have his or her own style and standards, but Yonsei policy states that "Any student who is absent from more than 1/3 of course meetings will be issued an "F" regardless of achievement in the course." Some teachers may be more "egalitarian" in teacher-student relations, while others may assume a more hierarchical rapport. To establish a positive relationship with faculty, you should attend class, set high standards for yourself, prepare your homework, and be attentive from the start.

## **Course Instruction:**

If you have already surveyed the course offerings listed in the current Yonsei brochure, you are able to make a basic course request with your application. Actual course offerings and a book of complete course descriptions (syllabi) will be available at the Yonsei orientation. Students fluent in the Korean language may, with permission, select any of several thousand regular university courses.

#### **Available Courses/Faculties:**

- Korean Studies
- East Asian Studies
- Politics and Culture
- Business and Economics
- Science and Engineering
- Korean Language (KLI)

### **Credit Transfer Policy:**

- Dickinson students must take a **normal full load of classes** as defined by their program or host institution.
- The minimum course load for undergraduate students set by Yonsei University is 9 credit hours and a maximum of 18 credit hours per semester. All Yonsei courses are 3 credits (equal to one Dickinson course credit) except for the Korean language courses which are 6 credits (equal to two Dickinson course credits). Dickinson College requires its students studying abroad to maintain enrollment in at least 12 credit hours (the equivalent of 4 Dickinson course credits) per semester and will transfer to 4 Dickinson credits.
- To take more than 4 credits per semester, a student must petition Samantha Brandauer, Director of Education Abroad. In her absence, students may also address their petitions to the Executive Director of CGSE. If a student registers for more than the maximum allowed without permission of the Center for Global Study and Engagement, the course credit will not transfer. Students will also be responsible for any additional fees for doing this.

<sup>\*</sup> Please be advised that course registration is first-come, first-served basis and business/economics courses are generally limited to business/econ majors.

- Only liberal arts classes will qualify for transfer credit.
- Generally speaking, courses must have an equivalent at Dickinson. Exceptions include classes that focus on the culture and/or history of the country in which a student is studying.
- Transfer credit will not be awarded for coursework that duplicates what a student has already completed at Dickinson.
- Transfer credit is awarded only for classes in which a student earns a grade of "C" or better. However, *all* courses for which a student is registered will appear on the transcript, along with the corresponding grades.
- Must be taken for a grade; pass/fail courses are not allowed.

#### **Grade Conversion Table**

A+	97-100
Α	94-96
A-	90-93
B+	87-89
В	84-86
B-	80-83
C+	77-79
С	74-76
C-	70-73
D+	67-69
D	64-66
D-	63

Yonsei does not have Incomplete or Pass/Non-pass grading options.

Coursework completed at Yonsei University will appear with course title and letter grade earned on the Dickinson transcript, but will **not** be calculated in your cumulative grade point average. To receive credit, your grade has to be a "C" or higher; all grades earned will appear on the transcript.

Within the first two weeks of each semester there is a "Drop/Add Confirmation Period" for course changes. Shortly after the mid-point in each semester, there is a "Withdrawal Period," the last date for dropping courses without penalty. The student may not register for another course to replace the one he has withdrawn from and must still carry a minimum load of 12 credit hours after his or her withdrawal. For this reason, you may want to register for 5 courses and plan to drop one when you know which courses you want to focus on.

#### The Central Library:

The library's collection contains over one million books, including bound volumes, rare books, maps, sheet music, records and microfilms. Check the Yonsei University website for the most up to date hours of operation.

## Accessing College Library Resources from Dickinson Global Library:

If the libraries at your abroad site do not have the resources you need, or if you have trouble getting the assistance you need for your research projects, please remember that you can access all the

resources and services from Dickinson College Library no matter where you are. All you need to do is to go to the Dickinson Global Library page

(http://lis.dickinson.edu/Library/Research/Global Library/LibraryResourcePage.htm).

You can access the page on the library website under "For Students," or "For Faculty," or "Doing Research."

From the Dickinson Global Library page, you will find detailed information on

- How to find journal articles through the online databases
- How to find books and have them sent to you
- Research resources available online such as subject guides and online reference works
- And most important of all, how to get in touch with a Dickinson College librarian via phone, email, and instant messaging and get the assistance you need.

# LIFESTYLE ABROAD

## **Living Accommodations:**

When going through the housing request process, **YOU MUST REQUEST A DOUBLE ROOM**. On campus housing is not guaranteed for exchange students and it is very difficult to secure on campus housing unless a double is requested. Should you not secure housing on campus, CGSE will work with you to arrange for alternative accommodations near Yonsei's campus.

If you are housed on campus during your stay at Yonsei, you will either live in the International House or SK Global House. The doubles in International house are slightly bigger than those in SK Global and are equipped with a personal refrigerator shared between two roommates. However, the doubles in SK Global have a personal restroom and shower along with a small balcony. In I house you would use shared stall restrooms and showers that cleaned daily by housekeeping. When registering for housing at Yonsei, if you have the option to choose, please pick the one of your choice. There are floors for both undergraduate and graduate students and separate wings for men and women. A mix of Korean and non-Korean students live in the dormitory to provide an international atmosphere, though the primary language in the dormitory is English.

Every room is equipped with internet access. The dormitory has shared refrigerators for student use, lounge areas, study areas, a recreation area, computer room, and lecture room and laundry facilities. The dormitory has central heating and an air conditioning in each room.

Dorm rooms are western-style, with twin beds. In addition to a bed, each person is provided with a wardrobe closet, a desk, and a small bookcase. Each room has a window shade and an overhead light, but desk lamps are not provided. One set of sheets, one blanket, a pillow and a pillowcase are provided, but students are responsible for laundering their own sheets and pillowcase. Students should either bring their own towels and slippers or purchase them there.

Neither smoking nor drinking is allowed in the dormitory building. Cooking is not permitted in the dormitory rooms. No guests are allowed in the dormitory without prior consent and there is no visitation between the men's and the women's wings.

Dorm fees, paid by Dickinson directly to Yonsei University, cover housing from orientation through the end of final examinations. Housing is available for the winter vacation (January and February) for students staying for the spring semester at an extra charge; this charge will be paid by Dickinson if the full-year student wishes to remain in the dormitory between semesters.

If you have any questions regarding housing at Yonsei, please get in touch with our contact at the SK Global House:

Email: <u>y-ih@honsei.ac.kr</u> Phone: (011 82-2) 2123-7481 Fax: (011 82-2) 6442-7481

#### Student Meals and Korean cuisine:

Students are responsible for purchasing their own meals. There is no meal plan, but there are many alternatives. Students may buy their meals in one of the college cafeterias or one of the many restaurants located near the university. Shared refrigerator space for storing milk, bread, or other perishables is available.

Nearby bakeries have coffee and rolls for breakfast, and both pizza and Chinese food can be delivered to the dorm.

Don't miss out on Korean cooking while in Seoul! Korean cuisine encompasses a wide array of dishes, usually involving the boiling or stir-frying of many different kinds of vegetables and seasoning with garlic, soy sauce, sesame oil, red pepper, and onions. Meat dishes, less common than vegetarian dishes, are grilled or braised. Korean food ranges in taste from bland to extremely spicy, as many dishes are seasoned with red peppers. Three foods, **pap**, **kimchi**, and **kuk**, are considered to be essential components of a Korean meal.

- 1. **Pap** (rice steamed plain or with other grains) is the main dish or entree for all three meals of the day. Because rice alone tastes bland, it is served with **kimchi**, **kuk**, and other sidedishes, called **banchan**, that give flavor to the meal. Koreans eat a whole bowl full of rice, which is considered the main food in any meal. Without rice, there is no legitimate meal.
- 2. Next in importance and probably the most famous Korean food is **kimchi**. **Kimchi** is an essential part of a Korean meal and this serves as one of the **banchans** to **pap**. **Kimchi** consists of cabbage seasoned with red pepper, salt, garlic, ginger and other ingredients.
- 3. **Kuk**, or soup, is usually served with rice and **kimchi**. It can be prepared to taste bland or hot. One very popular soup called **taenjang kuk** is made up of **taenjang** or soybean paste, tofu, and assorted vegetables.

# FINANCIAL INFORMATION

# Money and Banking:

You will receive a credit **on your student account** for the cost of board (meal plan). You will be responsible for the cost of your meals while on this program.

Additionally, a wire transfer will be sent to you, converted to Korean Won, once you open a bank account in Seoul. These funds are to support other costs during your stay in Korea as noted in the chart below. You may contact the Office of International Affairs to find out about student excursions that are planned.

It is very difficult to cash US personal checks in Korea and may be difficult to cash travelers checks. It is recommended to either bring some cash with you and plan to withdraw additional funds from your US bank account once in Seoul or have a lump sum of money wired to a Korean bank account.

An account in Korean currency can easily be opened at the campus branch of Woori Bank, located in the Student Union Building. You will need your passport and Yonsei student ID to open an account.

A program subsidy will be wired to students upon arrival in Korea. The subsidy reflects the following expenses:

- Transportation
- On-Site Orientation Activity fees
- Cultural Excursions
- Bottled Water Allowance
- Printing Fees
- Laundry Expense
- Lodging Upon Arrival in Korea
- Miscellaneous University Fees

\*\*The board allowance will be deducted from the Dickinson comprehensive fee when Student Accounts posts the student's bill. It will not be paid as a stipend. The student is expected to take this money with him or her to the program site to be used toward these expenses.

\*\*\*For students studying in Seoul for the entire academic year, these components of the allowance will not be re-issued for the second semester.

#### **ATM and Credit Cards:**

Many major credit cards (e.g. Visa and MasterCard) are accepted abroad, depending upon the country. A credit card can be useful for big purchases: hotels, airline tickets, etc. or in an emergency. When you use a credit card it should be in your name and you should verify your credit limit before you depart the US. While credit cards are accepted by some restaurants and stores, they cannot be used to pay school costs or travel expenses associated with the International Division program.

#### Check on Fees with Bank and Credit Card Companies:

Before leaving the US, check with your local bank and credit card companies about fees for using your card overseas. If the fees are hefty, consider withdrawing larger amounts of cash from the ATM and taking only what you need and keeping the rest in a safe place.

You should notify your bank and credit card companies that you are going abroad for an extended period of time, and be sure to inform them as to which countries you intend on traveling. Otherwise, when they see charges on your card from a foreign country, they may assume that your card has been stolen and suspend your account. Keep a separate record of your credit card numbers and phone numbers of the companies so you can report theft or loss of your card quickly.

<u>Spending Money:</u> Students sometimes ask how much spending money they should plan to have during their time abroad. The amount spent depends, of course, on the lifestyle you adopt and how much you plan to travel. In general, you should plan on a minimum of \$2,500 per semester.

# COMMUNICATION INFORMATION

Students sometimes tell family/friends that they will phone home the minute they arrive. However, plans often go awry because of plane or train delays, unavailability of an international phone line, etc. To save parents and loved ones worry, we suggest an agreement to call at the earliest convenient time, rather than promising to call at once.

E-mail, cell phones, and Skype allow students to keep in closer touch with family and friends back home than ever before. There is a good side to this, but it is possible to overdo it so that you focus too much on home to the detriment of your abroad experience. Consider writing frequent letters, postcards or a blog instead. These can be reread and kept as a record of your time abroad.

#### Mail:

Your mailing address at Yonsei University is as follows:

For All Students:

(Student Name)
Office of International Affairs
Yonsei University
Global Lounge Study Abroad Center
262 Seongsan-no, Seodaemun-gu
Seoul 120-749, Republic of Korea

For the Dormitory:

(Student Name) Room Number # International House 100 Daeshin-dong, Sodaemoon-Ku Seoul 120-160, Republic of Korea

### **Cell Phones:**

Some students purchase cellular phones while in Korea. This is an excellent way to communicate with other students on the program, to be accessible to friends and family at home, and to be reachable in the event of an emergency. It may, however, be very expensive to make international calls from your cell phone. Students can check with their current cell phone provider to see if their phone has international calling capabilities. If so, you will have to find out the procedures for using your cell phone abroad. More than likely, you will purchase pre-paid cell phone minutes that do not require subscribing to an overseas cell phone service.

#### **Computers and Internet Access:**

Yonsei University has several computer systems for campus use. The University Computer Center has branches throughout the campus for the use of all Yonsei students. There is a computer room for the use of the students of the Office of International Affairs. The Computer Room and Library for international students in New Millennium Hall have computers for student use, and there is a smaller computer room in the International House with several computers. In any case, you are

encouraged to limit your Internet use to create a healthy balance between staying in touch with your friends and family in the U.S. and taking advantage of the time you spend.

If you have one, students are encouraged to bring their own laptop. Please be sure to purchase proper insurance, and a laptop lock to prevent theft. Make sure that your laptop has the proper voltage converter.

#### E-mail:

Remember that official communications from Dickinson College (for example, instructions from the Registrar, Campus Life, or the Center for Global Study and Engagement) will be sent to your Dickinson e-mail account. If you ordinarily use another e-mail account, remember to check your Dickinson account regularly for messages or have your Dickinson account forwarded to your personal account. Also, be sure to clear your Dickinson Inbox regularly so that messages can reach you. Make sure you empty your Sent and Deleted messages box regularly.

# HEALTH AND SAFETY WHILE ABROAD

# Health Care

The International Division at Yonsei University does not offer student health coverage. In case of a medical emergency, students go to Severance Hospital in Seoul for service. This hospital is directly next to the Yonsei University campus. Severance maintains an International Health Care Center, where foreign patients may be seen. Be prepared to pay the full fee up front, and then submit the bill for reimbursement from your home insurance company.

## AIDS and STDs Overseas:

You are at the same risk for AIDS and STDs while abroad as you would be at home since your risk of infection depends on your behavior. Therefore, if you are sexually active, use good judgment and common sense. It is also highly recommended that you carry a personal supply of condoms and birth control, especially if traveling to underdeveloped regions of the world.

# **International Travel Assistance and Insurance Information**

All students enrolled at Dickinson College traveling outside of the United States participating in Off Campus Studies Program or Immersion of Service Programs of the College have access to International SOS, a medical and security travel assistance company, and are covered under the Chubb Global Medical insurance plan.

The fee is included in your study abroad program and includes:

- International SOS (Intl.SOS) emergency assistance coverage
- Global Medical plan underwritten by CHUBB ACE

Please review the <u>CGSE Health and Safety website</u> for the most up to date health, safety, and insurance information.

# Health Matters

### **Medical Check-ups:**

Before leaving the United States, you should visit your physician, gynecologist, eye care specialist, and dentist. Make sure you are in good health before going abroad so that you can avoid any potential problems.

#### Immunizations/Inoculations:

All students going abroad should consult with the Dickinson College Health Center or your personal physician to make sure that all of your routine inoculations are up-to-date. These include measles, mumps, rubella (MMR) and diphtheria, pertussis, tetanus (DPT). For more up-to-date country-specific information about immunizations and other health precautions, consult the Center for Disease Control (CDC) website at <a href="https://www.cdc.gov/travel/">www.cdc.gov/travel/</a>.

#### **Medications:**

Prescription/non-prescription medication(s) should be in the original container from the pharmacy and labeled with your physician's name, your name, and the medication name and dosage. **Do not transfer any medication into an unmarked container.** You should also carry a written letter or prescription from your physician verifying that this medication was prescribed by a licensed practitioner and is necessary for medical reasons. If you are on prescription medications or take particular over the counter medications, such as a certain painkiller, you should take enough with you to last the duration of your stay. It is neither advisable nor legal in some circumstances to ship medications by mail. It is your responsibility to make sure that your medications are legal in your host country. You can find this out by consulting the consulate website of the country you will be visiting. You may also want to take along some cold/flu medication, anti-diarrhea, and anti-fungal medicine. Women prone to gynecological infections should take a supply of medication. Be aware of recent changes in airport security regulations limiting the types of liquids or gels that can be transported in carry-on luggage.

The Center for Disease Control recommends that students with diabetes or health situations that require routine or frequent injections should carry a supply of syringes sufficient to last their stay abroad. If you carry narcotics or syringes, you should also bring a copy of the prescription and a statement from the prescribing physician.

## Mental Health, Stability, and Stress:

For students under the care of a counselor or psychiatrist, please be sure that you see him/her before you depart from the US. Participating in a study abroad program in another country will not lessen any emotional issues that you may presently be experiencing. When you are abroad, you will probably experience various states of excitement and frustration as a result of the opportunities and differences presented by the new culture. These alternating emotions are usually related to the natural phenomenon of culture shock, which occurs when people adapt to a new culture and surroundings. As you become accustomed to your new surroundings and establish a routine, these feelings will begin to subside. If homesickness, depression, or eating disorders persist, consider seeking out professional assistance.

#### **Special Accommodations:**

The accommodations available to students with disabilities in the United States may not be available to students studying abroad. It is unlikely that you will find the same medications, medical and/or psychological care, or support services at your study abroad site that you would at home. For you to fully assess whether you will be able to successfully complete a study abroad program, we encourage any student with special needs to review the program descriptions and to visit websites about the community in which you will be living and learning. If you wish to have assistance from the College in helping you to assess your ability to succeed in studying in a particular program or in identifying programs where more support may be available, you are encouraged to disclose your situation on the medical forms you completed during the application process or to come talk to the Center for Global Study and Engagement. Such disclosure is completely voluntary. If you travel to an abroad site, you will be expected to fully participate in the program. Therefore, you need to inform yourself about the demands of the program in order to plan ahead and to prepare to cope with your health needs in a new environment.

# Health and Safety in Flight:

For safety and comfort, wear loose-fitting, natural-fiber clothing during your flight. Do not wear snug-fitting or heeled footwear! If possible, avoid wearing contact lenses. Low humidity in flight tends to remove the moisture from the eye's surface. It is helpful to do seat exercises or to walk in the aisles in order to maintain good circulation. One easy exercise you can do is to tap your toes while keeping your heels on the floor. This pushes blood up your legs and reduces swelling. Tap for several minutes every hour or so.

It is always advisable to sleep during long flights. You should avoid alcoholic beverages in flight because they cause dehydration. Recycled air also has a drying effect, so you should drink only non-alcoholic beverages regularly. If you require a special diet, be sure to notify the airline at least 72 hours before departure.

The most common difficulty or problem that can result from flying is known as jet lag, which is the sudden sense of fatigue or wakefulness at the "wrong" time. Jet lag is more pronounced flying east than flying west. Veteran international flyers recommend going to bed and getting up at the customary local time from the beginning. This helps the body adjust quickly. Avoid naps until fully adjusted to the new time zone; the body confuses naps with night sleep.

## **Health Tips:**

By using common sense and taking everyday precautions, you can safeguard your health. Here are some tips:

- Inform yourself about the particular health risks of the country you will be visiting and be meticulous in observing recommended precautions.
- Students with existing medical conditions should consult their personal physicians regarding special precautions they may need to take. It is important to tell your physician the location(s) you will be visiting.
- If you wear glasses or contact lenses, take along an extra pair, plus a copy of your lens prescription. Pack enough lens cleaning solution for the entire trip.
- Always carry a wallet card or wear a necklace or bracelet stating any special conditions you have (such as diabetes, asthma, etc.). Be sure to list allergies to specific medications.
- If you are sexually active, use a condom. You may have trouble finding reliable brands of

- condoms abroad; consider taking a supply.
- Take care of yourself while traveling: try not to wear yourself down, avoid excessive exposure to the sun, drink plenty of liquids to stay hydrated, and try to get enough sleep.

### **Health and Safety information resource online:**

Check out the <u>Student Study Abroad Safety Handbook</u> at <a href="http://www.studentsabroad.com">http://www.studentsabroad.com</a>. This is a resource intended for students' and parents' direct use. It offers exhaustive checklists and resources covering all kinds of topics related to safety abroad.

## **Personal Safety:**

While abroad, students should always be aware of their surroundings and use common sense. It is easy to fall into a false perception of safety and to let your guard down. Students abroad can be easy targets for crimes involving theft, such as pick pocketing, purse snatching (from a motorized vehicle), theft of unattended backpacks or baggage, and the like. Criminals often operate around bus and train stations as well as tourist attractions (including museums, monuments, schools, subways, beaches, etc.). Safeguard your documents and money at all times! Do not walk home alone late at night. Do not make yourself an easy target. Use the buddy system or call a cab. Also, always keep the local emergency numbers for the police, fire station, and ambulance with you.

### **Emergency Procedures:**

In the case of an emergency affecting the public, please abide by any emergency procedures put in place by your program director.

# **Safety while Traveling:**

If you have an emergency while traveling, contact local authorities, International SOS and the program director at once. In a medical emergency where you cannot make arrangements ahead of time with ISOS, be prepared to pay up front and submit receipts to your insurer for reimbursement later. In case of the loss or theft of your passport, contact the local police and the nearest U.S. Embassy or Consulate.

#### Family Emergencies:

Since you will be far away from home for an extended period of time, it is good to discuss with your family what to do in the case of a family emergency while you are overseas. This should include what you would do if a family member becomes ill or dies.

It is important to consider how your family will respond if you are involved in an accident or suffer from a severe illness while abroad. We advise one or both parents to obtain a <u>current</u> passport in case of emergency. This should be done before you depart the U.S.

# **Final Thoughts:**

Observing these mentioned precautions will be reassuring to you and to your parents, relatives, and friends at home. However, being overly concerned with safety should not interfere with the enjoyment of life and study in another country.