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WELCOME TO THE BRISBANE PROGRAM!

Greetings! Congratulations on your selection to the Brisbane program. An academically challenging and personally rewarding time awaits you!

This **Brisbane Orientation Handbook** has been prepared to make your transition to Brisbane and the Australian educational system a little smoother

If you or your parents have any questions or concerns regarding living and studying at the University of Queensland as a directly enrolled "international student," you should contact the Dickinson Resident Director in Brisbane, Ann Wadsworth, at aewadsworth@bigpond.com. Previously the Manager of Study Abroad at the University of Queensland for five years, Ann is now the Resident Director for Dickinson's Brisbane program, and can answer any questions you may have about living in Brisbane and studying at the University of Queensland.

If you have any questions, contact the Center for Global Study and Engagement at (717) 245-1341 or global@dickinson.edu . The Center for Global Study and Engagement is open Monday through Friday from 8:30 am to 4:30 pm (EST).

IMPORTANT CONTACT INFORMATION

Dickinson Resident Director
Ann Wadsworth
2 Uralla Street
Ashgrove, Queensland 4060
Australia
Tel: 011 61 407 590 575 (from U.S.)
0407 590 575 (within Australia)
Fax: 011 61 7 3319 7584
Email: aewadsworth@bigpond.com

UQ Campus Liaison
Julie Huberman
Study Abroad Advisor
International Education Office
University of Queensland
Brisbane, Queensland 4072
Australia
Tel: 011 61 7 3365 2638
Fax: 011 61 7 3365 1794
Email: j.huberman@uq.edu.au
Web: www.uq.edu.au/studyabroad

The Center for Global Study and Engagement
Samantha Brandauer, Director
Moira Kelley, Coordinator/Advisor
Center for Global Study and Engagement
Dickinson College
PO Box 1773
Carlisle, PA 17013-2896
Tel: (717) 245-1341
FAX: (717) 245-1688
E-mail: brandaus@dickinson.edu
E-mail: kelleymo@dickinson.edu

CGSE's Travel Agency
Carmela Coleman
Advantage Travel
313 East Willow Street
Syracuse, NY 13203

Tel: 800-788-1980
Fax: 315-471-6264
E-mail: ccoleman@advantagecny.com

U.S. Consulate General in Australia
MLC Centre
Level 59
19-29 Martin Place
Sydney NSW 2000
Australia
Tel: (011-61)-2-9373-9200 (from U.S)
(02) 9373-9200 (within Australia)
(02) 4422-2201 (after hours)
http://sydney.usconsulate.gov/

Australian Embassy in the U.S.
1601 Massachusetts Ave.
Washington, DC 20036
Tel: 202-797-3000
http://www.usa.embassy.gov.au/

Major Emergency Protocol:

If you need to contact the Center for Global Study and Engagement after hours for emergency assistance in a very serious situation, call the Dickinson College Public Safety 24-Hour Hotline (**0011-1-717-245-1111**), identify yourself and the program, describe the emergency briefly, and give a number for call back. The operator will locate the proper CGSE staff member, who will return the call.

PROGRAM PREPARATIONS

Program Fees and Financial Aid

Program Fees:
The program fee for the 2016-2017 academic year is $63,524.00; for a single semester the fee is $31,762.00. Students at Dickinson College will receive invoices from the Student Accounts Office that show credit for the $300 confirmation fee and any applicable amounts from your financial aid package.

The program fee includes the following: tuition, room and board, mandatory Australian Overseas Student Health Care (OSHC), scheduled group excursions, overseas health insurance and orienataions.

Not included in the program fee are: roundtrip transportation to/from Brisbane, required primary health and accident insurance, books, clothing, personal entertainment, local transportation, activity fees (sports and clubs at UQ), printing/copying costs, independent travel, or any other personal expenses.

Arrangements for any type of monthly payment plan options should be made as soon as possible through Tuition Management Systems (1-800-722-4867, x 775, or www.afford.com). If the balance due on your account is not paid by the deadline noted on the billing, or if special arrangements have not been made with Student Accounts (Tel. 717-245-1953 or email: stuaccts@dickinson.edu), you will not be allowed to participate in the program.

Other Fees and Costs:
All students should be aware of additional expenses they may incur while at The University of Queensland that will not be covered by Dickinson College. The University of Queensland and Dickinson College offer different services to students, and it is important for students to be aware of these differences prior to arriving in Brisbane.

- Internet connection is free for UQ students on campus, which allows students to download up to 40 GB per month. If you run out, additional download capacity can be purchased. For more information, visit the UQ website at http://uqconnect.net/?page=27817 . UQ provides an additional 10GB at the start of the semester.

- Students assigned to on-campus Residential College housing: Many sporting and social activities are offered and included with the on-campus Residential College. Most Colleges also have a small gym or provide UQ Sport student gym membership. On-campus housing students who elect to partake in University (UQ) clubs, intramural sport activities, or gym classes, all incurred fees are the responsibility of the student and will not be paid by Dickinson College. Fees vary according to the activity.

- Students assigned to off-campus housing: Off-campus students will be reimbursed up to AUD$100 towards the joining fees for UQ Clubs and/or Societies. Off-campus students wanting to join the UQ Sports Gym will also have their membership paid for by Dickinson College. Further information will be provided at the Dickinson on-site Orientation upon arrival.

- All students at the University of Queensland are expected to make their own photocopies of classroom handouts from professors, as well as copies of necessary articles for classes. Printing and photocopying costs approximately 8 cents (USD) per page. Another option is to go to the printing

on demand (POD) site. Printing allotment is provided in on-campus college fees, but allotment varies by college.

- **Again, students should plan to pay for the full amount (this could be upwards of $900) for course field-work or excursions upfront to the University of Queensland at the beginning of the semester.** As discussed in pre-departure meetings/orientation, students should be prepared to pay for this expense in the beginning of their semester at UQ.

Financial Aid Information:

Dickinson grant money and endowed scholarships are available only to Dickinson College students on Dickinson programs. Students from other colleges and universities should check with their own financial aid office to determine eligibility.

TRAVEL PREPARATIONS

Passport and Visa Information

The responsibility for ensuring that you have a valid passport and visa in time for your program is ultimately yours.

Passport Information:

A valid passport **that does not expire for 6 months beyond the end date of the program** is required to enter any country. If your passport expires before the required validity, you will have to acquire a new passport before departure and/or before applying for a visa. **If you have not applied for your passport, you must do so immediately.** To find more information and the passport application, you can visit the Carlisle US Post Office at 66 West Louther Street Carlisle, PA.

Applying for the Student Visa:

All students are responsible for coordinating their Student Visa. Please review this section to familiarize yourself with the student visa process.

- You need a valid passport that does not expire for 6 months beyond the end date of the program.
- You cannot apply for your visa until 3 months before the semester begins at UQ.
- **You need to notify the Center for Global Study and Engagement if you are NOT a U.S. Citizen or are NOT from a "Level 1 Assessment" country. This will affect your visa application requirements.** See the following section for more information for International Students. **For a complete list of countries and their categories, visit the Australian Immigration website** at http://www.border.gov.au/Trav/Stud/Stud
- In order to apply for the visa, you must have the compulsory Overseas Student Health Coverage (OSHC), which is included with your Dickinson program fee (so you do not need to pay this separately). Enrollment for OSHC will take place online and delivery of your health insurance card will take place in Australia.
- You must maintain good academic standing at the University of Queensland during your program abroad.

As a Study Abroad/Exchange student, you will be applying for the **Student Visa (Subclass 575 – Non-Award**). "Non-Award" just means you are not going to complete an Australian degree (e.g. an Australian Bachelors, Masters etc.) and instead, you will be studying at the Australian university for one or two semesters for credit towards your own home university degree.

If you are a citizen from a "Level 1 Assessment" country (which includes U.S. and Canadian citizens), you may apply for your Student Visa online. If you are not from a Level 1 country, you will need to apply directly with your home country Australian Consulate.

By applying online, you do not need to send your passport in to the Australian Embassy, and waiting weeks for your visa to be approved. Instead, the online student visa application takes 10 – 15 minutes to complete, and a decision is generally received from the Australian Department of Immigration and Citizenship (DIAC) within 48 hours. The approximate cost is AUD$550 (as of March 2016).

To apply for the Student Visa online, you will need:

- Your current Passport
- Credit card to pay the visa fee

- Confirmation of Enrollment Form (COE): The University of Queensland will send you an offer letter with an Agreement of Enrollment (ARO) form. Once the ARO has been submitted and your admission to UQ has been officially processed, UQ will send your Confirmation of Enrollment Form (COE) to the Center for Global Study and Engagement.

Detailed information on applying for the Student Visa Subclass 575 – Non-Award can be found at http://www.border.gov.au/Trav/Visa-1/575-/Non-Award-Sector-visa-(subclass-575)-streamlined-visa-processing You should look at this information before starting the online application process, as it provides information on how to save your application, check on your application status, etc.

You may apply for your Australian Student Visa (Subclass 575 – Non-Award) online (**Level 1 assessment countries only):** http://www.border.gov.au/Trav/Visa-1/575-/Non-Award-Sector-visa-(subclass-575)-streamlined-visa-processing

- Click on "Start your Application" to apply for the Visa on-line.
- After reading the Terms and Conditions, you will need to click, "I agree to the terms and conditions."
- You will then be taken to the first page of the online visa application. You should complete all the necessary information, and complete the Visa application.
- You can use the 'save' function to save your incomplete online application and return to it at a later time. Saved applications will generally be stored for 28 days. Applications not lodged after this time may be automatically deleted from the system. If this happens, you will need to start a new online application.
- The Transaction Reference Number (TRN) is a unique number assigned to each online application lodged. Once you have lodged your application, a receipt for your payment and a TRN will appear on your screen. Print the payment receipt for your records. Once your application has been successfully lodged, you will not be able to receive a refund for the visa application charge. The TRN is important as you can use it to identify your application when communicating with the department and access information online about the progress of your application at any time prior to finalization.
- The link to continue a saved application or check the status of your application is: http://www.immi.gov.au/e_visa/students.htm#b

When your visa has been approved, you will receive a confirmation email that you should **print and carry with your passport when traveling to Australi**a. **You will not receive anything to put into your passport. Instead, your visa information will be electronically administered**; when you enter Australia, immigration control will swipe your passport and your Student Visa details will show up on their computer/system. However, it is advisable to carry your visa confirmation in case of confusion.

If you have questions about visas, please contact the Information Service for Australian Visas (ISAV) hotline by calling (905) 280-1437. The phone lines are open Monday to Friday from 9 am - 5 pm EST, and you will be able to speak directly with an immigration officer.

Visa for Studying on another Program:

In many cases, students studying in another foreign country during the 2nd semester will have to obtain their entry documents in the U.S. if they are U.S. citizens. Students in this situation may have to return to the U.S. in order to obtain a visa from the foreign country's embassy or consulate in the U.S. You need to consider in

advance and plan ahead the timeframe in which you will need between programs to complete this process.

Information for International Students

Visas for Students that do not have a U.S. Passport:

PLEASE CONTACT THE CENTER FOR GLOBAL STUDY AND ENGAGEMENT IMMEDIATELY IF YOU DO NOT HAVE A U.S. PASSPORT.

Students that do not hold a U.S. passport need to visit the Australian Embassy website to determine the visa requirements for their home country at: http://www.immi.gov.au/e_visa/students.htm**.**

For students from certain countries, Australia requires students to take the IELTS, an English assessment test. You may be required to take this test before the University of Queensland can begin processing your enrollment application. Depending on your home country, Australia may **not** accept the TOEFL score as a substitute. You do not have to take the IELTS test if you have studied for 5 years in the English language medium in one of the following countries: US, Canada, Australia, New Zealand, U.K., Ireland, or South Africa. In order to qualify for this exemption, you must provide proof of your 5 years of study by submitting a transcript from your institution(s).

If you have to take the IELTS, you will be responsible for arranging and paying for the test. There are centers in Arlington, VA, New York City, and Philadelphia, PA that administers this test. You may also check your home country for testing centers. To access more information on the IELTS, visit http://www.ielts.org/**.**

SEVIS Information for International Students at Dickinson:

Since you will still be a Dickinson Student while abroad, you are required to pursue a course of study that is considered a full course load at your abroad institution in order to maintain your F-1 status. You will be registered in SEVIS each semester, just as you are while on-campus at Dickinson.

Also, please remember to have your I-20 endorsed for travel prior to your departure from campus this semester.

Packing and Travel Information

- **Packing Tips:**

  You should pack clothing that is comfortable and appropriate without being cumbersome. In general, what you wear at Dickinson is appropriate in Brisbane, though students at UQ may tend to dress up a bit more. When packing, keep in mind that the weather is humid from December to March. Layers are the key to comfort and warmth. Remember, too, that you may encounter abrupt changes in temperature while traveling, as southern states such as New South Wales and Victoria are much cooler than the sub-tropical climate of Brisbane. The highs from February to June (Summer/Autumn) tend to be 80F with the lows reaching 60F as winter approaches. February tends to be the hottest month, with temperatures around 90F and high humidity. The highs from July to November (Winter/Spring) tend to be 70F in Brisbane with very low humidity, while the lows may reach 50F; remember that it gets warmer in November as the summer season approaches.

  Travel with no more baggage than you can carry! You will likely accumulate a number of things while

abroad, so pack accordingly. Keep in mind that airlines have cut back on the number of checked baggage allowed and the weight limit. Check with your airline to confirm baggage allowances in order to avoid extra charges. See more details below on TSA and airline requirements.

Here are some wardrobe suggestions:

- sturdy, comfortable pair of walking shoes that have been WELL BROKEN IN (you will walk a lot);a bring a nice pair of shoes
- work around a basic scheme of coordinated colors to minimize the number of clothing items you bring with you
- 6-8 everyday bottoms (jeans, corduroys, skirts) that are wrinkle resistant
- 10-14 tops (shirts, blouses) in coordinated colors and tops for going out at night
- 2-3 pullover sweaters and sweatshirts
- 15-18 each of underwear and socks
- a few outfits for special events (ties for men)- the on-campus Residential Colleges usually have one 'formal' event each semester
- shorts
- men need pants, closed toed shoes and a collared shirt (golf shirt) to go out to bars/clubs
- pair of sweats or other warm sleepwear (it sometimes gets chilly, and there is neither a heating system nor insulation on the windows in the residential colleges)
- windbreaker (and ski jacket, hat, gloves, scarf, etc, if you plan to ski during Australian Winter months in Victoria or New Zealand)
- a small, travel size folding umbrella
- 2 Swim suits, sandals and beach towel – Spring semester participants may want to bring more
- 2 towels, 2 washcloths (double check if your on-campus college provides towels)
- slippers/house shoes
- **an extra pair of contact lenses, eyeglasses and prescription**

<u>Other packing suggestions:</u>

- if you already have one, a laptop with wireless capabilities
- a specific converter for your laptop (check your specific needs) - **if you do not have the proper one you will ruin your hard drive**
- a USB memory device for transferring documents and photos between computers
- an external hardrive to download movies, etc from the on-campus Residential College network, DC++
- 2 converter/adapter plugs for electric shavers, etc. (Tip for women: buy hairdryers there!)
- space/vacuum bags (can be found at Walmart or Target and condense the amount of space your clothing uses in your luggage)
- a travel alarm clock with extra batteries
- a swiss army knife with corkscrew, bottle opener, and scissors (packed in checked luggage)
- a money belt or neck pouch to secure valuables
- international phone numbers for computer and credit cards
- a travel sewing kit with safety pins
- a small first aid kit

- a small supply of toiletries (Note: shampoo, toothpaste, and other toiletries are expensive in Australia.)
- sports clothing/equipment (especially if you plan to participate in PE)
- a day bag or book bag for traveling
- luggage tags inside and outside of your luggage
- a camera
- playing cards
- sunglasses
- sunscreen (minimum of 15SPF for summer, 30SPF preferred)
- shower sandals
- if you plan to buy a bike while at UQ, bring a strong lock (there may be an option to rent one)
- it is advisable to bring make-up, hair products, and toiletries that you normally use; they can be very expensive in Australia
- prescription and non-prescription medicine need to be in the original, labeled containers. Plus bring copies of all of your prescriptions – enough to cover your entire stay, or at least the first month. You will not be able to mail the medicine from the United States to Australia so bring a copy of your prescription and a letter from your doctor outlining your medical condition and the medication required just in case you run out.
- take along a few favorite photos of your family and friends to decorate your room with them and show to new friends
- you may wish to take along a few small token gifts, especially something from Dickinson or something typically American or representative of the area in which you live in the U.S.
- If you bring a digital camera, upload your pictures onto a website such as Ofoto, Snapfish, or Webshots. These websites will allow you to share your photos with others and order them offline.
- if you plan to take a backpack (internal frame is better), then you will most likely have to check it as one of your allotted checked baggage items

For the first few days, pack a bar of soap, toothbrush, toothpaste, and a washcloth. In Brisbane, comparable or identical toiletries are readily available in Australia. However, **if you have a particular type of toiletry that you like to use, you may want to bring it with you since it is likely to be more expensive in Australia.**

Packing tips from the Transportation Security Administration (TSA):

- Do not pack oversized electronics (laptops, full-size video game consoles, DVD players and video cameras that use cassettes) in your checked baggage when possible. However, please be advised that you will be required to remove these items from your carry-on bag and submit them separately for x-ray screening. Small electronics, such as iPods, can remain in your carry-on.
- Prepare your 1 quart-sized, clear, plastic, zip-top bag of liquids before arriving at the airport, following the 3-1-1 guideline (place liquids into 3.4 ounce bottle or less (by volume); all bottles should be carried in one 1 quart-sized, clear, plastic, zip-top bag)
- Pack all your coats and jackets in your checked baggage when possible. All coats and jackets must go through the X-ray machine for inspection.
- Do not wrap gifts. If a security officer needs to inspect a package, they may have to unwrap your gift. Please wait until you've reached your final destination to wrap gifts.
- Undeveloped film should go in your carry-on bag. You will be able to declare film that is faster than 800-speed to a transportation security officer for physical inspection to avoid being X-rayed.

- You are required to remove footwear for X-ray screening so wear shoes that are easy to take off and put back on.
- Double check the contents of your pockets, bags, and carry-on luggage to ensure no prohibited items were inadvertently packed.
- When in doubt, leave it out. If you're not sure about whether you can bring an item through the checkpoint, put it in your checked bag or leave it at home.
- For more information, visit www.tsa.gov.

Carry-on and Checked Luggage:

BAGGAGE REGULATIONS: Call the airline directly or go online to inquire about baggage regulations. A backpack with a frame must be checked as one of these allowed pieces. (It should be noted that backpacks or small duffle bags have been found useful by past participants due to the amount of traveling you will be doing). Attach a label on the outside of your luggage and place a name and address label inside.

In most cases, you are allowed one piece of carry-on luggage not to exceed 45 total inches, which must fit under the seat in front of you or in an overhead bin. Make sure your luggage follows TSA regulations. Weigh your luggage before you arrive at the airport to ensure it is not overweight. Remember that bags should be small enough to go up narrow stairways, go down crowded train aisles, and fit on luggage racks. A coat and a handbag, briefcase, or laptop may also be carried on. Also, in case your luggage is delayed for a few days, be sure to pack a change of clothes and any medicine or toiletries you would need in your carry-on bag.

LAPTOP: If you bring a laptop, it will be considered one of your carry-on items. You should purchase insurance to cover it in case it is stolen or damaged.

VALUABLES: Carry extra cash and travelers checks in a money belt or neck pouch. Do not carry all your cash in one place. Never pack money, valuables, or important documents in your checked luggage.

LOST LUGGAGE: Make a list of everything you pack, then bring a copy of the list with you and leave a copy at home. This will be helpful if your luggage is lost and you need to identify the items and cost of your luggage. If your luggage is lost or mishandled, you must file a claim with airline personnel immediately. Do not leave the airport thinking it will be easier to do so at a later time. It won't be.
Airlines don't refund lost baggage unless there are original receipts, so keep the things you care about with you at all times during travel.

Travel Documents:

Before departure you should make copies of all of your important documents. Leave one set of copies with your family and take one with you to keep in a safe place separate from your original documents.

- The information page of your passport
- Insurance policies and contact information
- Your airline ticket
- Front and back of credit cards and phone numbers for credit card replacement (you cannot dial an 800-number from overseas so you will need a direct number).
- Travelers check numbers
- Contents of your wallet

- Prescription medications

➢ **Immediate Cash/Travel Funds:**

You will need some ready cash before you arrive at your program site. We recommend that you bring $100.00 in traveler's checks for emergencies. Please note that many places do not accept traveler's checks, and they are often difficult or expensive to cash. You may wish to purchase local currency (about $50.00 worth) at your departure airport, in case you arrive in Australia after banking hours. You can find more information in the Financial Information section of the handbook.

Some Australian banks have partnerships with U.S. banks (e.g Westpac and Bank of America) so you can use an ATM. Check your bank before departure.

Flight and Arrival Information

Travel Arrangements:

A group flight option departing from Los Angeles will be arranged through CGSE's travel agent, Advantage Travel. If you plan to take the group flight, you will be contacted with reservation details via e-mail. It will be your responsibility to contract and pay for the group flight. You will be responsible for arranging your connecting flight to Los Angeles (LAX). The travel agent does offer additional fares for these connecting flights.

Participation on the group flight is not required, but the group flight fare is normally lower than the cost of traveling as an individual. Students who arrange their own flights should arrive prior to or at the same time as the group flight. Otherwise, you will be responsible for your own transportation to the UQ campus.

When you have booked your flight, please complete the flight itinerary questionnaire found on the online application system at http://dickinson.studioabroad.com.

In general, passengers on international flights need to be at the airport at least 3 hours before departure. Be sure to leave yourself plenty of time for potential delays due to increased security measures. You will need your passport to check in and when you land, so have it available.

In case you miss your connection or your flight is delayed, make a note of Ann Wadsworth's cell phone number and carry it in your wallet so that you can get in touch with her.

Clearing Immigrations and Customs:

Upon arrival in Australia, you will pass through Australian Immigration and Customs, where an immigration officer will interview you, and your passport will be stamped.

Be prepared to present the following items to the officer:

- University of Queensland Acceptance Letter (outlining your Study Abroad Program at UQ)
- Copy of your Visa Papers (in case they cannot access it electronically)
- Your Residential College address at UQ
- Your passport

When you have retrieved your luggage from the carousel, you will see two Customs exit channels. The green one is for those with nothing to declare. The red one is for those who are carrying dutiable

goods (for example, more than two liters of wine, more than 200 cigarettes, or gifts valued in excess of $45). The Resident Director, Ann Wadsworth, will meet all students outside at the Arrivals Gate. As you exit Customs, turn left as you enter the Arrival Hall and look for Ann Wadsworth holding a "Dickinson College" sign as well as the UQ Airport Reception team holding a "University of Queensland" sign. The students will be transported by the UQ Airport Reception team back to the University of Queensland campus.

THE PROGRAM

The City of Brisbane:
Brisbane, known as Australia's Most Livable City, offers a safe, friendly, and multicultural environment. Located in the state of Queensland, Brisbane is Australia's fastest-growing capital with a population of more than 2 million people.

Clear skies, warm sunny days, and mild nights prevail, and the tropical ambience promotes an outdoor lifestyle. The inner city is characterized by parklands and botanical gardens, recreation precincts and beaches, cultural and convention centers, museums, art galleries, a casino, an outdoor mall, shopping districts, and a host of cosmopolitan restaurants and cafés representing the cuisines of many nations.

The golden beaches and fun parks of the Gold Coast, a world renowned holiday destination, are just a 45 minute bus or train ride away. A similarly short drive north takes you to beautiful Sunshine Coast beaches, impressive National Park rainforests and well-known tourist attractions such as the Crocodile Hunter's "Australia Zoo." Many other local wildlife parks provide opportunities to learn more about Australia's native animals and birds.

Brisbane's reputation as a friendly, modern city makes it a popular tourist destination. It has earned a place on the world stage for hosting successful international events such as World Expo '88, the Commonwealth Games, and the first Goodwill Games in the Southern Hemisphere.

CLIMATE: Brisbane is a sub-tropical city with mild weather year round. Average temperatures in Semester 1 (February – June) range between 32–21 degrees Celsius (89.6–69.8 F) and in Semester 2 (July – November) average temperatures range between 21-30 degrees Celsius (69.8 – 86F). Australians normally do not use air-conditioning or central heating, so you may find the weather much warmer/colder than you are used to. For example, your Residential College room may not have air-conditioning/heating, so you might want to purchase a fan or 'bar heater' to control the temperature in your room.

The University of Queensland:
Founded in 1910 as Queensland's first university, the University of Queensland (UQ) is a leader among Australian universities – a large, comprehensive, research-intensive institution of international standing. More than 6,000 courses and 400 degree programs are taught over three major campuses at St. Lucia (where Dickinson students will be based), Ipswich, and Gatton. The University boasts some of Australia's best and brightest minds and state-of-the-art facilities, placing UQ among the top three research universities in Australia.

UQ's St. Lucia campus is renowned as one of Australia's most attractive campuses and is just seven kilometers from Brisbane's city center. Bordered by the Brisbane River on three sides, the 285-acre site provides a perfect study, research, and living environment. The St. Lucia campus combines the vitality of a modern campus with the tradition of an established university.

Students will find everything they need on campus, including excellent sporting venues, shops, banks, a post office, cinema, theatre, pizza café (the Resident Director reckons the best pizza in Brisbane!), restaurants, and cafeterias. The St. Lucia campus is a great place to relax and enjoy university life with market days, bands, and sporting events.

ACADEMIC INFORMATION

Australian Education System:

You are about to participate in a program that will, at least during the first few weeks, seem confusing and at times even a little daunting. In many respects, the Australian university system is very different from undergraduate programs in the U.S. The Australian system promotes independent study and private inquiry rather than structured assigned reading and continuous assessment. If you assume responsibility for your own learning, you will have a rich, rewarding experience. This task will be easier if you make an effort to talk to your professors and take on projects that interest you. The University of Queensland is a large, public university with more than 50,750 students (Undergrad and Postgrad). Your class sizes will be very large compared to Dickinson.

Course Selection

Course selection at the University of Queensland has two phases – the Pre-Approval Process and Final Registration.

1) **PRE-APPROVAL PROCESS:** You will need to select 5 – 6 courses that you would like to take at UQ, which you will indicate on your University of Queensland enrollment application. In most cases you will enroll in four to five courses upon arrival. Please keep in mind that you can add and drop courses during the final registration process at UQ and even after classes commence, as long as your total credit points meet university full-time enrollment rules. **Before departing campus, you should talk with your academic advisor or the department chair about the courses you plan on taking in Australia.** Please make sure you keep all correspondence with professors regarding classes you plan on taking. If you change your classes while at UQ, it is your responsibility to make sure that they will transfer by communicating with the appropriate faculty and the Center for Global Study and Engagement.

   Reminder*:* The more classes you have pre-approved the greater flexibility you will have once you arrive at UQ. In addition, UQ rarely updates their course timetables far in advance, so you may not know the days and times courses meet until as late as one month prior to arrival – this is yet another reason to get 5-6 courses pre-approved. Also, past students have mentioned that if you get your courses pre-approved, it is one less thing to worry about during your first few weeks in Australia.

AUSTRALIAN COURSE LEVELS: Course levels in Australia do not correspond to the same course levels in the U.S. Due to this, course levels (1000, 2000, etc.) are slightly different from what most students are accustomed to at Dickinson. For example, a 400 level course in the U.S. generally equates to a senior year course, but in Australia, a 4000 level course would equal a graduate course. This is because Australians earn an undergraduate degree in three years rather than the customary four years in the U.S. Study abroad students will generally take a combination of 1000, 2000, and 3000 level courses. Please see the chart below for more examples:

U.S. Academic Year/Level	Australian Course Level Equivalent
Freshman Year (100/1000 level)	Taken in High School
Sophomore Year (200/2000 level)	1000 level (First Year)
Junior Year (300/3000 level)	2000 level (Second Year)

Senior Year (400/4000 level)	3000 level (Third Year)
Graduate Student	4000+ level (Honours, Graduate)

Therefore, due to these differences, you should probably not take all 3000 level courses at UQ just because you are a junior, since 3000 level courses in Australia are equivalent to "senior" year courses in the U.S. Obviously, senior year courses assume the highest knowledge base going into the course, which many U.S. juniors or sophomores may not yet possess.

UQ will allow you to take some 3000 level courses, but it is strongly recommended you take a balance of first, second and third year courses to insure you are not overwhelmed academically.

In Sum: As you select your 5 – 6 courses, keep in mind that your ultimate goal at final registration is to have:

- All courses **take place at the St. Lucia** campus, not Gatwick or Ipswich
- A full-time load consisting of 8 – 10 units (equal to 4 to 4.5 course credits)
- A balance between 1000, 2000, and 3000 level courses
- A combination of courses that will keep you on track to graduate.

Some notes about popular science courses in Australia:

- **BIOL 2001** will fulfill one of the two lab-science distribution requirements for graduation. It will transfer back as a departmental general credit, but will **NOT** count as a course toward the Biology major.
- **MARS 2005** will **NOT** count towards the lab-science distribution graduation requirement. It will also **NOT** count as a course towards the Biology major. It only counts as a general transfer credit.
- These science course focused on Australia will **NOT** count toward the Australian culture course requirement.

CHOOSING YOUR COURSES: Once you are comfortable with the above information, you can go on-line to choose your courses. A list of University of Queensland courses offered during the academic year can be accessed through the University's MySI-Net (Student Information Network) site at www.sinet.uq.edu.au**.** You do not need a username or password to access course and timetable information on this site. Go to the MySI-Net site and simply place your cursor over the menu choice "Course & Timetable Info" on the left-hand side of the screen under "Guest Links." When choosing "Select Semester/Year", please remember that **Semester 1 runs from February to June and Semester 2 runs from July to November.**

For students studying abroad in the Fall (Semester 2), the courses should be available on-line. If you are studying abroad in the Spring (Semester 1), it is possible the course will not be posted until later in the semester. If you are going to the University of Queensland during Semester 1 and courses are not available, you can browse courses at http://www.uq.edu.au/study/ by clicking on 'course' and entering the Course Code of the subject you are interested in (e.g. "MARS" for Marine Sciences). It will then show you a list of ALL courses available in that area, and when you click on an individual course, it will provide you with information including which semester(s) the course is offered. If you are attending UQ during Semester 2, all courses should be posted. Please note that there is no guarantee that all courses stated as being offered during a particular semester will in fact be offered. Always make sure you have alternative courses that you can take that will keep you on track for your

graduation requirements

The following table lists commonly used codes that you will find in course descriptions. This information will help you assess what semester a course is taught, if it has a pre-requisite, and the number of contact hours a week.

Term	Description
Pre:	Required pre-requisite. Enrollment is not permitted in the course unless a passing grade has been obtained in any course listed as a pre-requisite or any other prescribed requirement has been fulfilled. For international students, satisfaction of prerequisite requirements is undertaken with the assistance of academic transcripts from the home institution.
Comp:	Companion. Enrollment is not permitted in the course unless the student has passed or is concurrently enrolled in any course listed as a companion.
C:	A recommended companion, but not compulsory.
P:	A recommended pre-requisite, but not compulsory.
Points	Students must enroll in 6 - 10 units per semester
1st (Feb. enrollments)	Course is offered in semester 1 (commences in February)
2nd (July enrollments)	Course is offered in semester 2 (commences in July)
1, 2	Course is offered in either session
Year	A course undertaken over the two semesters, commencing in 1st semester
SS Single session	Whether S1 or S2 is not known at time of publication
Contact Time (2L2P, etc)	The number and type of class contact hours each week, thus (2L2P) means a requirement of 2 hours of lectures and 2 hours of practical work each week. The codes used are (L) Lecture ;(P) Practical or Laboratory work; (T) Tutorial; (S) Seminar; (F) Fieldwork; and (C) Class contact (which may take any of these forms).

2) <u>FINAL REGISTRATION FOR COURSES</u>: The University of Queensland offers the opportunity to register for courses on-line prior to your arrival, via the Student Information Network (www.sinet.uq.edu.au). You will be provided with a UQ student number, username, and password when you are officially accepted to UQ. You will be notified of the procedure for registering for courses on-line at that time.

During the UQ Study Abroad Orientation in Brisbane, you are given the opportunity to meet with academic advisers to discuss your intended study plan and finalize your enrollment. You are also able to add/drop courses up to the second week of classes. You will be made aware of final add/drop dates, and must remember to fulfill full-time enrollment requirements throughout the semester. Academic matters will be discussed fully at both the Dickinson On-Site Orientation with your Resident Director and the UQ Study Abroad Orientation.

If any of your courses are unavailable during registration, or you change your mind about course selection, you should email your Dickinson academic advisor or the appropriate faculty member to get approved for the new course.

Australian Culture Class Information

All students are required to take an Australian Culture class. Luckily, there are a variety of classes offered for all types of interests. Aboriginal and Australian courses are taught in almost all departments, including the Australia Studies department, and you should pick one that is related to your interests.

There are Aboriginal Art classes, Aboriginal History classes, Australian Pre-history classes, Australian Political Science classes, Australian Music, Australian Literature, Australian Sociology courses, etc.

Find one that you want to take. We don't require you to take any particular course. You may find that there is a class that fits in better with your major or other distribution requirements (for example if you still need a Comparative Civilization class!).

Below are some examples of courses that are both an Australian Cultures class and a Comparative Civilization credit. **Please check online if these are offered during your semester.**

ABTS1000 Aboriginal & Torres Strait Islander Perspectives
Survey of major themes in Aboriginal & Torres Strait Island Studies from an Aboriginal & Torres Strait Island perspective. Thorough introduction to various government departments & agencies involved in Aboriginal & Torres Strait Island affairs.

ANTH 1010 The Anthropology of Aboriginal Australia: An Introduction
Position of Aborigines pre-contact & today; investigation of such topics as white Aboriginal attitudes, traditional life, history of contact, government agencies, typology of Aboriginal social systems, social issue & modernization.

If you have any questions, please contact Moira Kelley, Coordinator/Study Abroad Advisor, CGSE (kelleymo@dickinson.edu)

Credit Transfer Policies & Grades

- All students on the University of Queensland program are required to take a course load of 4 courses (approximately 40 points. For these 4 courses at the University of Queensland, you will receive 4 credits (unless you take an additional course that is considered as half a credit, in which you would receive 4.5 credits.)
- Students must take a normal full load as defined by their program. Students may not under-enroll under any circumstances. If a student registers for more than the maximum courses allowed without permission from the Resident Director, their academic advisor at Dickinson, and the Center for Global Study and Engagement, the course credit will not transfer. Students will also be responsible for any additional fees for doing this. To over-enroll, you must contact Samantha Brandauer, the Director of Education Abroad at the Center for Global Study and Engagement.
- **All students are required to take one Australian culture course. Please see the handout on Australian culture courses included with your acceptance packet.** The course must have a focus in Australian culture. If you are concerned about whether or not a certain course will fulfill this requirement, please contact the Center for Global Study and Engagement.
- Only **liberal arts classes** will qualify for transfer credit.
- Generally speaking, courses must have an equivalent at Dickinson. Exceptions include classes that focus on the culture and/or history of the country in which the student is studying.
- Transfer credit will not be awarded for coursework that duplicates what a student has already completed at Dickinson.
- Credits will only transfer if you receive the course equivalent of a "C" or better (a 4 out of the

7 point Australian grading scale). For all courses taken at the University of Queensland, the equivalent letter grades earned ARE RECORDED on the student's transcript, however, grades WILL NOT be computed in the Dickinson GPA.

- Must be taken for a grade; pass/fail courses are not allowed.

UQ courses in Psychology are approved as "Dickinson courses" by the Dickinson Psychology department. Letter grades earned for these courses will be included in the student's GPA.

All other UQ courses will be listed on the Dickinson transcript with letter grades earned, but will NOT be computed into the student's GPA. For these courses, credit toward the degree will be granted **only if grades of "C" (2.00 on a 4.00 scale) or better have been earned**. Official UQ transcripts of the grades earned at the University are kept in the student's permanent file in the Registrar's Office at Dickinson College.

Course Equivalencies:

The following departments at Dickinson have made University of Queensland course equivalencies available on their website. If you have any questions, please contact the department directly.

- **Chemistry:**
  http://www.dickinson.edu/info/20101/chemistry/637/study_abroad

- **Psychology:**
  http://www.dickinson.edu/info/20150/psychology/1441/study_abroad/3

UQ Grade Conversion Chart

7 = A
6 = A-
5 = B
4 = C
3 = F
2 = F
1 = F

Physical Education Activities:

Students who take formal instruction in physical education or play on an organized university team in Australia and have written proof of successful completion of the program may receive credit from the physical education department on the Dickinson campus. Official standards regarding credit from the physical education activities abroad are as follows: 1) the activity is currently offered; 2) the student secures the approval of the Dickinson Resident Director; 3) the student participates in an activity for a length of time equivalent to (or greater than) that of a similar activity at Dickinson (as a guideline, 20-22 hours of supervised instruction = 1 block); 4) the student chooses an activity which does not duplicate an physical education course already completed at Dickinson; and 5) the student's participation is documented by the instructor of the class or by the Dickinson Resident Director. Credit for self-paced activities will not be permitted.

Students who wish to take a physical education class or participate in a university sports team may be required to take a physical examination.

Upon return to campus, the student should present to the chair of the Physical Education Department the appropriate documentation of participation. Alternatively, the Dickinson Resident Director may verify to the department chair that the student has participated in a supervised, structured program of physical activity for which credit should be given. In either case, the department chair will notify the Registrar's Office of those persons who are to receive physical education credit.

- **Academic Differences between Australia and the United States:**

Courses in Australia are taught quite differently than in the United States. Below are some of the main differences that you will notice:

1) **Fewer assessments/assignments**. This will vary from department to department, but courses generally have fewer assessments and assignments; some courses may include only a mid-term and a final (some courses have one final exam only, worth 80% of the final grade!). This is in contrast to the American system, which relies heavily on continual assessment (e.g., quizzes, essays, a mid-term, and a final). This may make American students think that courses at the Australian university are "easier." However, as there are limited assignments and assessment, it can be harder to get a good grade. Do not get lulled into a false sense of security – do the coursework and research as the semester progresses; otherwise, the mid-term/final can be quite difficult to pass. In most cases, you must pass the final to pass the course.

2) **More emphasis on independent work.** Even though there are limited assignments, students are expected to do continuous independent research/study during the course. Students may not get extra points for attending class and participating, but if a student continually misses class, he/she risks not learning something that will be on the exam. Many American students are used to having their professor easily available for assistance if they are finding the course difficult. It may vary from department to department, but in general, students in Australia are expected to be independent, do the work and make sure they pass the class.

3) **Courses in Australia can be more difficult** because the Australian degree programs are very streamlined (in the sense that if you are a business major, you take all business courses – there are no 'general education requirements'). Australian students have prepared for their degree in high school, and may already have a significant background in their major. In general, we compare the first year in Australia to the sophomore year in the U.S., the second year in Australia to the junior year in the U.S., and the third and final year in Australia to the senior year in the U.S. Keep this in mind when choosing courses.

Accessing College Library Resources from Off-Campus:

If the libraries at your abroad site do not have the resources you need, or if you have trouble getting the assistance you need for your research projects, please remember that you can access all the resources and services from Dickinson College Library no matter where you are. All you need to do is to go to the Dickinson Global Library page (http://lis.dickinson.edu/Library/Research/Global_Library/LibraryResourcePage.htm).

You can access the page on the library website under "For Students," or "For Faculty," or "Doing Research."

From the Dickinson Global Library page, you will find detailed information on

- How to find journal articles through the online databases
- How to find books and have them sent to you
- Research resources available online such as subject guides and online reference works
- And most important of all, how to get in touch with a Dickinson College librarian via phone, email, and instant messaging and get the assistance you need.

LIFESTYLE ABROAD

- **Dickinson On-Site Orientation:**

Shortly after your arrival in Brisbane, the group will meet with the Dickinson on-site Resident Director, Ann Wadsworth. The on-site orientation is conducted casually over your first few days in Australia. Ann will provide you with information on settling in to Brisbane, and what to expect while studying at the University of Queensland.

Topics to be covered include:

- Public transportation
- Opening a bank account
- Residential College life
- Living off-campus
- Meeting Australians
- Social and sporting clubs on campus
- UQ Orientation and enrollment
- Academic life at UQ – differences and expectations

The group will also participate in several activities throughout the first few days, including touring Brisbane, visiting the local animal sanctuary where students can hold koalas and feed kangaroos, attending a sporting event, and spending an evening at the theatre.

Residential Life:

Dickinson students are divided among five on-campus residential colleges and the off-campus apartments/houses (if available). This allows students to receive a rich cultural experience immersed among Australian students, other international students, and American students from other institutions. After you are accepted by Dickinson, you will be given a selection form to rank your preference of housing, which you will complete and hand in with your UQ Application along with a short essay about yourself. Although your preference of accommodations will be taken into consideration, your first choice is not guaranteed and you may end up with your second, third, or even last choice.

Residential Colleges:

There are ten residential colleges on the University of Queensland campus. Dickinson can place a limited number of students in the following colleges: **Cromwell College, Emmanuel College, International House, King's College, and Women's College**. Each college has its own activities and traditions that will allow Dickinson students to interact with Australians and experience an academic lifestyle in a community setting. Although some of the residential colleges were founded by religious organizations, the practice of religion in the college is not mandatory.

WHAT IS PROVIDED: Each residential college houses up to approximately 250 students. The colleges provide you with a single bedroom (furnished with a bed, desk, and closet) and shared bathroom facilities on each floor. Some floors also have shared kitchen facilities, and some provide housekeeping laundry services, or UQ gym memberships. All residential colleges provide meals for their residents. Upon arrival, students will need to buy their own linens and a 'doona' (comforter

or warm blanket) for chilly nights during autumn and winter. (Note: these may be offered by some colleges). Some colleges offer items that have been used by past international students, or have items available for "rent" by putting down a deposit that is refunded at the end of the semester.

Each college has a computer lab and charges its residents for internet access and printing costs beyond the allotted quota.

MEALS: As a general guide, colleges serve breakfast, lunch, and dinner, and provide materials to make a bag lunch Monday through Friday for students who cannot make it back to the college for lunch. Brunch and dinner are served on weekends. The meal hall is very different from what you are used to at Dickinson. There will be a small choice of main meals, with a side salad and dessert. There will not be as many offerings and selections as you may be used to. If you have any special dietary needs (e.g., vegetarian, vegan, etc.), please indicate this on your housing preference form and we will try to alert the college beforehand; we cannot guarantee that the college will be able to cater specifically to your dietary needs. Colleges will often have at least one night of the week assigned as a formal dinner where students may be required to wear academic gowns, special guests are invited to speak, and students serve the meal to other residents. This is all part of the college tradition and is an interesting aspect of the study abroad experience.

LIVING IN A RESIDENTIAL COLLEGE: Students should be aware that living on-campus in Australia can be a very different experience than the dorm style accommodation provided by Dickinson College. Most of the colleges at the University of Queensland aim to promote a community atmosphere within the residence. Students may find that they are expected to actively participate in the social life of the college (e.g., attendance at formal dinners, participation in sporting/cultural events, and orientation week activities). There is, however, a wide variation in the expectations of each college. Colleges are similar to Dickinson in terms of residential life – they provide things like intramural sports and social events that comprise the majority of the residents' social activities.

Students interested in learning more about the different residential colleges should look at the following websites:

- Cromwell College (co-ed): http://www.cromwell.uq.edu.au
- Emmanuel College (co-ed): http://www.emmanuel.uq.edu.au
- International House (co-ed): http://www.internationalhouse.uq.edu.au
- King's College (all male): http://www.kings.uq.edu.au
- Women's College (all female): http://www.womens.uq.edu.au

Off-Campus (Self-Catered) Accommodation:

Due to limited places on-campus, Dickinson also utilizes off-campus housing in private rental accommodation within walking distance to the University. Students will have a Single room in a fully furnished 3-bedroom Apartment or 6-bedroom House, with shared kitchen and laundry facilities with other study abroad/exchange students studying at the University of Queensland. The off-campus housing is conveniently located within a short walk to campus as well as being close to public transport and amenities (supermarket, post office, cafes/restaurants, etc.). Students will be notified of their apartment location and address before they depart for Australia.

WHAT IS PROVIDED: The off-campus housing is fully furnished, down to kitchen items (crockery, cutlery, glassware and cookware). Students will have a Single room with bed, desk and closet). Upon arrival students will need to buy their own linens and a 'doona' (comforter or warm blanket) for chilly nights during autumn and winter. Utilities (gas, electricity, water) and unlimited internet are included/provided to the household. Laundry facilities are provided free of charge in the accommodation (please note the apartments will have a clothes dryer while the houses will have a clothes line in the yard).

In addition, off-campus students will be reimbursed up to AUD$100 by Dickinson towards the joining fees for UQ Clubs and/or Societies. Off-campus students wanting to join the UQ Sports Gym will also have their membership paid for by Dickinson College. Further information will be provided at the Dickinson on-site Orientation upon arrival.

MEALS: Students with special dietary requirements (e.g. Kosher, Vegetarian/Vegan, etc) may prefer this, as the off-campus housing option is self-catered and students have the freedom to prepare their own meals and eat during non-designated dining hall hours. Students living off-campus will not be charged the Dickinson board fee; the board fee will be credited to the students' account for use to buy groceries and prepare their own meals. Students may request those funds from their account before departure to Australia. There will be no routine stipend allocated in Brisbane.

LIVING OFF-CAMPUS: Living in an apartment allows for more 'independent living', where there is no expectation of being 'part of the community' as with the on-campus residential colleges (where students are expected to participate in all College activities). Students living off-campus will more than likely live with other international students (rather than with Australians) however, there are plenty of opportunities to mix and meet Australian students through clubs and societies, on-campus activities and mixing with your Australian neighbors. Again, please note that students living at the apartments will not be charged the Dickinson board fee. Therefore, students will be expected to use those funds to make/buy their own meals.

Housing Allocation:

You will be notified of your assigned housing prior to your departure for Australia. Once you have been assigned your accommodation, you cannot change your allocation. Again, we will do our best to secure your first preference, but on occasion, you may receive your second, third, or last choice.

You may also receive information directly from the residential college welcoming you to your new community. Occasionally, Dickinson students will accidentally receive invoices from the Residential Colleges or from the University of Queensland. You should NOT send any money to your Residential College. Your program fee covers the cost of your room and board (except for the apartment option) for the duration of your semester abroad. If you receive any invoices from your residential college or the University of Queensland, you should contact the Resident Director, Ann Wadsworth, who will follow up with the matter.

FINANCIAL INFORMATION

- **Australian Currency:**

Like the currency of the United States, Australian currency comes in coins and notes. The notes are unusual because they are colorful and plastic; they are produced using a process developed in Australia and are highly durable. The basic unit of currency is the Australian Dollar (AUD). Australia has no pennies and everything is rounded to the nearest five cents. Taxes ("GST" – the Goods and Services Tax) are included in list prices, as are service tips in restaurants and bars. You typically don't have to tip the server or bartender unless you are at an upscale restaurant.

Accessing Money

ATM: Automatic teller machines (ATMs) are a convenient way to transfer money and exchange currency. ATMs connected to international networks such as Cirrus and Plus allow you to retrieve cash in the local currency directly from your bank account in the United States. Inquire at your bank to be sure that your ATM card will allow cash withdrawals abroad. ATMs overseas will only accept cards that access checking accounts in your name. Also, you should not rely exclusively on ATMs because you may not be able to find an ATM as easily as you would in the U.S. Australian banks currently charge an AUD$2.50 fee for using ATMs (with a non-related bank card), and your home bank may charge fees for foreign withdrawals, so please check with your bank regarding fees for overseas withdrawals.

CREDIT CARDS: Major credit cards such as Visa, MasterCard, and American Express are commonly accepted in Australia. Visa and MasterCard are accepted more regularly than American Express. A credit card can be very useful for big purchases: restaurants, hotels, shops, and airline tickets, or for an emergency, in which you can track your spending. When you use a credit card it should be in your name. Verify your credit limit before you depart from the US.

TIP: American Express cardholders have the convenient option of writing a personal check while in Australia that takes money out of their home U.S. bank account in order to get local currency or traveler's checks. Stop by any American Express office in Australia to utilize this option. This is not available with the Optima card from AMEX.

CHECK ON FEES WITH BANK AND CREDIT CARD COMPANIES: Before leaving the U.S., check with your local bank and credit card companies about fees for using your card overseas. Many banks and credit card issuers impose additional charges on foreign transactions, other such as Capitol One (at least at print time) do not. If the fees are hefty, consider withdrawing larger amounts of cash from the ATM and taking only what you need and keeping the rest in a safe place. Only use credit cards with high fees for big purchases or in emergencies.

You should also notify your bank and credit card companies that you are going abroad for an extended period of time, and inform them as to which countries you intend on traveling. Otherwise, when they see charges on your card from a foreign country, they may assume that your card has been stolen and suspend your account. Keep a separate record of your credit card numbers and phone numbers of the companies so you can report theft or loss of your card quickly.

TRAVELERS CHECKS: Travelers checks have become less common in certain locations, but are worth considering as an emergency fund of last resort. The first signature line on traveler's checks should be signed when you buy them, so that they cannot be used by anyone else. Keep a separate

record of the numbers so that checks can be replaced if lost or stolen. You usually have to cash traveler's checks at a bank and there is usually a charge.

However, if you plan to open an Australian bank account it is advisable to bring about $300 in travelers checks in order to open a local bank account (see the section "Opening an Australian Bank Account" below). Travelers checks can be purchased in U.S. or Australian dollars, and should be from an internationally recognized source (e.g., Visa, American Express, MasterCard, or Cooks; AAA members can obtain no-fee American Express travelers checks at any AAA office). The exchange rate is fixed for travelers check purchases in Australian dollars. U.S. dollar travelers' checks have a variable exchange rate based on when you exchange them. Most banks charge a nominal fee for cashing traveler's checks.

OPENING AN AUSTRALIAN BANK ACCOUNT: If you decide to open a bank account in Australia, you will need to bring your passport and some other form of photo ID. It is not necessary to open an Australian bank account, but having an Australian ATM card will insure that you can access money from anywhere in Australia without worrying if your U.S.-issued ATM will work. When in Brisbane, you will undoubtedly have a good idea of the ATMs that accept your card. However, when traveling outside of Brisbane, it may not be that easy to find an ATM that will accept your American card. While this may seem like a rare occurrence, it can happen. Therefore, if you also hold an Australian ATM card from an Australian bank you can greatly reduce this possibility and ensure that you can access money 24 hours a day, seven days a week.

Students that open an Australian bank account should have at least AUD$100 of emergency cash. Do not forget to withdraw the funds at the end of the semester. With an Australian bank account, you will also be able to deposit funds into your account with travelers checks and personal checks from U.S. accounts (or other foreign accounts), and make the Aussie bank your main financial source. However, please note that checks drawn on non-Australian banks (e.g., a check from Grandma Jones in Nebraska) might take up to four weeks to clear. Therefore, it is highly recommended you open an account with traveler's checks. Most Australian banks will accept wire transfers from any U.S. bank, but the fees are generally high. Sample rates include USD$40 for an outgoing wire from the U.S. bank and AUD$15 for an incoming wire to Australia.

During the Dickinson On-Site Orientation, the Resident Director will discuss opening a bank account. It will also be discussed at the UQ Study Abroad Orientation. There are banks on-campus where you can conveniently open a bank account. Most banks do not charge fees to open an account, but policies vary from bank to bank.

Spending Money:

Students sometimes ask how much spending money they should plan to have during their time abroad. This amount depends, of course, on the lifestyle you adopt and how much you plan to travel. In general, you should plan on a **minimum** of an extra $3,000 for the semester.

Working in Australia

While you are in Australia you will be on a Student Visa, which allows you to work while studying in Australia. Under the work permit, you will be allowed to work 20 hours per week during the academic term and 40 hours per week during the university holidays (e.g. mid-semester break and summer break). You will not be able to apply for the work permit until you have enrolled as a full-time student

at UQ.

Keep in mind that part-time work is often difficult to find and there is a strong competition for jobs, especially those located around the University of Queensland campus. Most students looking for jobs will arrive early; so many part-time positions can be taken up by the time you get to UQ. It can also be difficult to find a job if you are 21 or older because then you usually have to be paid more. If you plan on working with children, you will need a blue card. Apply as early as you can since it may take a few weeks to receive your card.

There are opportunities to apply for work within your residential college, usually in the cafeteria. However, these positions can be hard to get because the colleges like to hire students who will be at the college longer than one semester. There is also an Employment Officer on campus that can help students looking for part-time work, most of which is non-professional, such as waiting tables, cleaning, or retail/sales. Based on feedback from past students, it seems that you may have better luck going to shops with your resume and asking if any jobs are available.

MONEY FROM PSYCHOLOGY EXPERIMENTS: One opportunity past students have taken advantage of to make extra money is to participate in graduate students' psychology experiments. To find out more about this you can visit www.psy.uq.edu.au.

Take the following steps to set up an account as a participant of these experiments:

- Click on "Research," and then click on "Psychology Research Participation Scheme."
- Click on http://uqpsych-p.sona-systems.com/, then on the left side of the screen click on "Request an account under new participant."
- After an account is established, go back into the system using the above steps. You will enter a username and password and then click on "Study sign up." This will take you to a page that describes the experiments (i.e. eligibility, payment, and a link to timeslots available).
- After signing up for an experiment, you will receive a confirmation e-mail and a reminder e-mail the day before your scheduled time.

COMMUNICATION INFORMATION

Students sometimes tell family/friends that they will phone home the minute they arrive. However, plans often go awry because of plane or train delays, unavailability of an international phone line, etc. To save parents and loved ones worry, we suggest an agreement to call at the earliest convenient time, rather than promising to call at once.

- E-mail, cell phones, and Skype allow students to keep in closer touch with family and friends back home than ever before. There is a good side to this, but it is possible to overdo it so that you focus too much on home to the detriment of your abroad experience. Consider writing frequent letters, postcards or a blog instead. These can be reread and kept as a record of your time abroad.

- **Contact Details:**

When you arrive at your Residential College, you should email the Resident Director and the Center for Global Study and Engagement your abroad contact details (e.g., room number, telephone number, mobile number and UQ student e-mail address).

Mail:

After you are settled in Brisbane, you will be able to receive mail at your residence (i.e. Residential College or apartment). Your address will be as follows:

Your

Name
College/Housing Name
College Street Address*
(* see table to the right)
St. Lucia, QLD 4067

College Street Addresses:

Cromwell College	Walcott Street
Emmanuel College	Sir William MacGregor Drive
King's College	Upland Road
Women's College	College Road
International House	1/5 Rock St.

For students living in the off-campus apartments, you will be provided with your exact apartment number/street address in St Lucia before departing for Australia: St Lucia, QLD 4067 AUSTRALIA

An exact street address will be given to you when you receive your housing allocation e-mail.

Telephone:

After you have arrived in Australia, you should probably call home to let your family know you have arrived safely. You will have a phone in your Residential College room, which will require a $30 credit (to be paid at the Administrative office upon arrival) in order to make calls. Only calls within your Residential College will be free. Other calls, like calls between Residential Colleges, on-campus calls, local calls, interstate calls and international calls all incur charges. You should check with your Residential College upon arrival/check-in for the different rates charged.

Phone Cards: It is much cheaper to use a calling card to make international and interstate calls than it is to call from the phone in your Residential College room. You can purchase an Australian calling card upon arrival, as many American phone cards (e.g. AT&T, Sprint, etc) either do not work or have much higher rates. Australian calling cards can be purchased at any Newsagent (a store where they sell newspapers, magazines, etc) and vary in price from 4 cents per minute to as low as 1 cent per minute to the USA. There are several Newsagents on the UQ campus as well as in the city and local shopping malls. One option you may want to consider is having your parents arrange for a low cost international calling service and arrange for a convenient time for your parents to call you.

Mobile (Cell) Phones:
As part of your on-site Orientation, we will take you to a mall where you can arrange a SIM card for your mobile phone OR you may purchase a cheap phone and SIM. If you bring a phone from the USA you will need to unlock your phone from your provider. An Australian SIM will not work in a locked phone from the USA, so make sure you have it unlocked from your provider before you depart for Australia. Further information on cell phone options will be provided to you in an email from the Resident Director.

Skype (International calls through the Internet):
One of the most inexpensive ways to make international phone calls is through the Internet. Skype is one of the most common programs for this type of phone service. All that is required is access to a computer with an Internet connection and a headset or external microphone. For more information, visit the website at www.skype.com.

Calling from Home:
It is cheaper to call Australia from the U.S. than vice versa (you should work out a time with your family and friends when you are available to talk). There is a 14-hour time difference between the U.S. (East coast) and Australia (e.g., 8.00am on Tuesday in Brisbane is 6.00pm EST Monday in the U.S.).

Computers and Internet Access:
Your on-campus Residential College (but not off-campus housing) will have a small computer lab with approximately 8 – 15 computers available for use by its residents. However, if you do own a laptop computer, it's a good idea to bring it with you to Australia given that on-campus computer labs are limited and/or restricted (e.g. some computers in the library are for library use only and do not allow for email use, but will still draw from your internet quota). Laptops aren't totally necessary, but students have found that having one makes life easier during your semester in Australia and are good for communication. In any case, you are encouraged to limit your Internet use to create a healthy balance between staying in touch with your friends and family in the U.S. and taking advantage of the time you spend.

Voltage in Australia is 240 European Volts (as compared to 120 Volts in the U.S.). Most modern laptop computers will have a 'switch' on their connector/adaptor plug that automatically converts the voltage so you should not need to purchase a voltage converter You will need a plug adaptor (to change your US plug end into an Australian plug), which you can normally purchase from any travel store. If you are unsure whether your computer will adapt to the 240V, please contact your computer dealer for further information.

Complete information on student use of computers and email/internet at the University of Queensland can be found at http://uqconnect.net/index.html?page=26882. Printed information will also be provided to you upon arrival by the Resident Director during your on-site orientation,

and by your Residential College.

Students at UQ are provided with a free student internet service (`http://uqconnect.net/student-free`). You do not need to apply for this service as it is set up automatically for all students. Your University of Queensland Acceptance Letter will include your UQ username and password. These details are used for this service and other online services around UQ such as mySI-net. Your free student account includes:

- National dial-up
- 40GB download (if you run out of download quota, you can buy additional blocks of download through your Residential College ranging in price from AUD$5 for 350MB to AUD $10 for 1GB- these costs are subject to change)
- Unlimited download from AARnet3 and Internet 2 sites
- Unlimited usage hours
- Wireless access on-campus
- An official UQ e-mail address
- 100MB disk space
- Private IP

If you have a laptop computer with wireless capabilities, you can connect to the Internet from many places around the UQ campuses. When you are on-campus look out for the wireless hotspot signs. If you are in range to access the Internet, you will be redirected to a login screen. Enter your UQ username and password. For more information about connecting to UQ wireless, go to `http://uqconnect.net/helpdesk/wireless/`

E-mail:

Remember that official communications from Dickinson College (for example, instructions from the Registrar, Campus Life, or CGSE) will be sent to your Dickinson e-mail account. If you ordinarily use another e-mail account, remember to check your Dickinson account regularly for messages or have your Dickinson account forwarded to your UQ or personal e-mail account. Also, be sure to clear your Dickinson Inbox regularly so that messages can reach you and do not bounce back. Make sure you also empty your Outbox and Deleted messages box regularly as well.

TRAVELING WHILE ABROAD

Travel Advice:
Past Dickinson participants have advised that it is easier to make friends at the college if you become part of the community and participate in college life. Students who travel often and spend less time at the college are often regarded as transient and are not truly accepted as part of the college by the Australian students. Make travel plans for the end of the semester, with occasional weekend trips, rather than spending each weekend away traveling. Ann Wadsworth will discuss college life and expectations further during the Dickinson on-site orientation.

Australia is a big country and fairly accessible. When planning a weekend trip to say Sydney or Melbourne, you are traveling a bit of distance and can be exhausting cramming it all into a short period of time. While there are many great sites to see in Australia, don't become obsessed with trying to see everything! Instead try to experience Brisbane as much as possible.

Dickinson Sponsored Excursion:
As part of the program, all students will go on Dickinson-specific excursions. You will be given details of the excursion (location, dates, etc.) once you arrive on site. Please consider this excursion before making travel plans. More details about the dates of the excursion and activities will be provided at your on-site orientation with Ann Wadsworth. Students who are unable to attend or choose not to attend are not able to obtain a 'refund' or 'rain-check' on the event (e.g. students are not able to arrange another weekend paid for through the program in the event of missing the excursion).

Local Travel:
The local bus system includes many different lines that come right to UQ campuses at all hours of the day. There are often student discounts offered, so always have you student ID with you! There are also monthly or 10-day passes which can be a good deal depending on how often you plan on going into Brisbane. In addition, there are trains that run up and down the coast, making the Sunshine and Gold Coasts very accessible and affordable. Be sure to always carry smaller bills with you since it is hard to find someone who can break a bill in a denomination larger than $20.

The travel store in the Ville (a shopping center near the Residential Colleges) is affiliated with a travel company called *Student Flights* which helps book student trips for at a low cost. Also, they provide discounts for using their services.

Airplane Travel:
Airplane travel is relatively cheap and easy in Australia. To be aware of airfare specials, it is advised to get onto the mailing list for both Quantas (www.qantas.com.au) and Virgin (www.virgin.com.au)

Travel Guides:
Before leaving the U.S., you can purchase one or more of the Let's Go or Lonely Planet series of guidebooks. They are published for Australia, as well as specific regions and are very informative for traveling on a tight budget. To help save money, check www.amazon.com or www.half.com for used travel books.

Hostels:
You can save money and meet other young travelers by staying in youth hostels. One popular hostel network is the Youth Hostel Federation, which has a network of hostels all over the world. You can purchase a membership card to the Youth Hostel Federation and receive discounts on hostel accommodations and other travel offers. For more information, you can go to http://www.hihostels.com/. Other websites that offer reviews of hostels throughout the world are www.hostelworld.com and www.hostelbookers.com.

International Student Identity Card (ISIC):
The ISIC card, or International Student Identity Card, can be used internationally to identify oneself as a student, thus qualifying in many countries for discounts on airfare, museums, theaters, and the like. Other benefits include a Help Line for emergency assistance, as well as supplemental hospital and accident insurance. ISIC cards can be purchased on line at www.istc.org/sisp/.

Safety while Traveling:
Whenever you travel, take care of your belongings and safeguard your credit cards, mobile phone, and cash at all times. One of the safer places to carry your passport and money is in a breast pouch tied at your neck or in a money belt strapped at the waist, under your shirt. A word to the wise: keep a small amount of money easily accessible so you do not have to dig into your hidden money in public.

HEALTH, SAFETY & INSURANCE

Health Care

The University Health Service (UHS) is available to all international students and most costs are covered by the Overseas Student Health Coverage (OSHC) plan. A range of general medical services is provided to help with health and/or personal problems students may have.

University Health Services
Gordon Greenwood Building (Bldg 32)
Ph: 3365 – 6210

If you need to use your U.S. primary health insurance policy, be prepared to pay cash up front and get receipts to present to your U.S. insurer for reimbursement.

AIDS and STDs Overseas:
You are at the same risk for AIDS and STDs while abroad as you would be at home since your risk of infection depends on your behavior. Therefore, if you are sexually active, use good judgment and common sense. It is also highly recommended that you carry a personal supply of condoms and birth control, especially if traveling to underdeveloped regions of the world.

Australian Health Insurance

The Australian government requires that all study abroad students be covered by Australian health insurance through the Overseas Student Health Cover (OSHC) Scheme. OSHC will be paid for by Dickinson College as part of your UQ Program costs. OSHC provides free or discounted access to the UQ Health Service and to public hospitals. You will apply online and your insurance card will be sent to you at your Australian accommodation address. Dental care and optical care are NOT covered by OSHC, so you should schedule any necessary examinations before you depart since they are considerably more expensive in Australia. You and your parents can review the OSHC coverage plan to see what type of insurance coverage this plan provides. You may access information on this coverage at https://www.oshcallianzassistance.com.au.

Insurance Information

Planning for your health and safety while abroad is particularly important. You want to be prepared to make the most of this opportunity and the time to ask questions is not when you are in immediate need of health care services. Take a few minutes to read over these frequently asked questions and feel free to contact the Center for Global Study and Engagement if you have additional concerns.

Do I need health insurance abroad?

Yes. Check your current policy to see if your policy covers you outside your home country. Even if your current policy covers you abroad, you may have to pay for medical treatment upfront and submit receipts for reimbursement within a certain time-frame.

What if my insurance doesn't cover me abroad?

Dickinson also covers all students studying abroad through a policy with ACE Insurance Company. This policy is a secondary policy to your primary insurance policy; however, if your standard policy doesn't cover you abroad, ACE becomes your primary policy. Students are automatically signed up for coverage and the cost is included in the program fee.

What happens if I get sick abroad?

During on-site orientation you will be given information about local doctors, clinics, and hospitals. Be sure you talk with your program director and let them know about any health issues you are experiencing; they are there to help.

Is insurance included in the cost of the program?

Yes, basic insurance is included in the cost of the program. However, you must maintain your primary policy, whether that is purchased through Dickinson or independently.

Can I take prescription medication with me?

It depends; you need to make sure it is legal. Check the consulate website of the country you are visiting—they may be able to direct you to resources advising on what drugs are accepted. If it is legal, carry the doctor's prescription and a letter stating the reason you are taking the medication and, of course, keep the medication in the original container!

What if my prescription medication is illegal?

You should talk to your doctor about changing your medication, if possible. In extreme cases, you may have to consider choosing another country to study abroad. Please investigate this early on in your process; the more time you and your doctor have to explore options the less stressful this aspect of your preparation will be!

What if I need to refill a prescription abroad?

It is illegal to mail prescription medication. Arrange with your doctor and insurance company to take enough medication with you for the duration of your studies. It can take many months to arrange this so start the process early.

Am I covered if I travel outside the host country?

You are covered by the ACE policy as long as you are outside the United States, for the duration of the program. If you travel before or after the program you should make sure your personal insurance provides adequate coverage.

Am I covered by the ACE policy if I travel before the program or after the program ends?

You are only covered by the ACE policy during the program dates. In the event you elect to extend your travel beyond the policy term you can purchase additional insurance at the link posted below. If

you have any questions please contact Tim Cummons at tcummons@rcmd.com or (800) 346-4075 ext 1452. http://www.rcmd.com/solutions-students-and-faculty

If my laptop is stolen when I'm on the program, am I covered by Dickinson insurance?

Students are not covered by Dickinson for personal liability, including the loss or theft of personal property. It is the responsibility of each program participant to purchase liability insurance, if needed. Students who bring laptops are advised to purchase adequate coverage. Check first to see whether the homeowner's insurance of your parents/guardian will cover personal liability while overseas. Normally, a copy of the police report filed at the time of loss or theft will be required by the insurer before any claim will be considered.

I am studying in a developing country, does the Dickinson ACE insurance policy cover emergency medical evacuation?

Yes, the policy covers emergency medical evacuation. However, students and their families should be aware that ACE will be responsible for when an emergency medical evacuation is necessary. If the procedure can be performed in-country (or in a neighboring country) this coverage will not pay for the student to return to their home country for the procedure.

What if I need accommodations?

Accommodations available to students with disabilities in the United States may not be available to students studying abroad. It is unlikely that you will find the same medications, medical and/or psychological care, or support services at your study abroad site that you would at home. It is also possible that some host sites abroad may not be adequately equipped for students with physical disabilities.

For you to fully assess whether you will be able to successfully complete a study abroad program, we encourage any student with special needs to review the program descriptions and to visit websites about the community in which you will be living and learning. If you wish to have assistance from Dickinson College in helping you to assess your ability to succeed in studying in a particular program or in identifying programs where more support may be available, you are encouraged to come talk to the Center for Global Study and Engagement. It is important to ask questions and do your research before you apply.

Once you determine the right program for you and, if accepted, you will be invited to self-disclose your personal needs on a medical questionnaire open to you through the on-line application system. Disclosure is completely voluntary. However, on-site staff will have a better chance to advise you of accommodations that may be possible if they are aware of your needs before you arrive on site. If you choose to study on a program and travel to an abroad site, you will be expected to fully participate in the program. Therefore, you need to inform yourself about the demands of the program in order to plan ahead and to prepare to cope with your health needs in a new environment.

I suffer from depression and/or anxiety, am I still able to study abroad?

It is strongly recommended that you consult your counselor or psychiatrist when considering study abroad. When abroad, most students experience various states of excitement and frustration as a

result of the opportunities and differences presented by the new culture. These alternating emotions are usually related to the natural phenomenon of culture shock, which occurs when people adapt to a new culture and surroundings. As you become accustomed to your new surroundings and establish a routine, these feelings will begin to subside. If homesickness, depression, or eating disorders persist, seek professional assistance and inform your program director. If you are currently seeking treatment from a mental health care provider, remember that English-speaking counseling services abroad may be limited and the terms of care will likely be different from here in the U.S.

What if I am a non-Dickinson student, do I still need coverage? Am I covered under Dickinson's health insurance?

Like Dickinson students, guest students attending Dickinson programs from other colleges and universities must have health insurance coverage. However, non-Dickinson students are not covered under Dickinson's ACE insurance policy. Health Insurance:

Health Matters

Medical Check-ups:
Before leaving the United States, you should visit your physician, gynecologist, eye care specialist, and dentist. Make sure you are in good health before going abroad so that you can avoid any potential problems.

Immunizations/Inoculations:
Even though Australia does not require any specific immunizations, please consult with the Dickinson College Health Center or your personal physician to make sure that all of your routine inoculations are up-to-date. These include measles, mumps, rubella (MMR) and diphtheria, pertussis, and tetanus (DPT). It is strongly recommended that you also consult with your personal doctor and/or the College Health Center with regards to other inoculations (e.g., Hepatitis A and Hepatitis B) or medicines that are advisable for the country you are visiting. For more up-to-date country-specific information about immunizations and other health precautions, consult the Center for Disease Control (CDC) website at www.cdc.gov/travel/.

Medications:
Prescription/non-prescription medication(s) should be in the original container from the pharmacy and labeled with your physician's name, your name, and the medication name and dosage. **Do not transfer any medication into an unmarked container.** You should also carry a written letter or prescription from your physician verifying that this medication was prescribed by a licensed practitioner and is necessary for medical reasons. If you are on prescription medications or take particular over the counter medications, such as a certain kind of painkiller, you should take enough with you to last the duration of your stay. It is neither advisable nor legal in some circumstances to ship medications by mail. It is your responsibility to make sure that your medications are legal in your host country. You can find this out by consulting the consulate website of the country you will be visiting. You may also want to take along some cold/flu medication, anti-diarrhea, and anti-fungal medicine. Women prone to gynecological infections should take a supply of medication. Be aware of recent changes in airport security regulations limiting the type of liquids or gels that can be

transported in carry-on luggage.

The Center for Disease Control recommends that students with diabetes or health situations that require routine or frequent injections should carry a supply of syringes sufficient to last their stay abroad. If you carry narcotics or syringes, you should also bring a copy of the prescription and a statement from the prescribing physician.

Transporting Medication to Australia:
Students are technically **only** allowed to bring up to a 3-month supply of medication into the country. However, if you supply a doctor's note and a copy of the prescription, you may be able to bring a full supply for the whole time you are in Australia.

If your parents want to ship drugs overseas to you (in case you cannot get a doctor to write a prescription and/or in the event that insurance coverage prohibits you from buying a 5-6 month supply at once), parents can send the drugs via mail. However, they must verify with the Therapeutic Goods Association that the ingredients within the drug are acceptable. The Therapeutic Goods Association contact number in Australia is (when dialling from the USA) 011 61 02 6232 8444.

Once it has been determined whether or not the drug's ingredients are acceptable for shipping purposes, your parents should enclose the following in the box: the drug itself, a letter from the doctor, and a copy of the prescription. This should allow the drug to easily pass through customs if inspected.

Mental Health, Stability, and Stress:
For students under the care of a counselor or psychiatrist, please be sure that you see him/her before you depart from the US. Participating in a study abroad program in another country will not lessen any emotional issues that you may presently be experiencing. When you are abroad, you will probably experience various states of excitement and frustration as a result of the opportunities and differences presented by the new culture. These alternating emotions are usually related to the natural phenomenon of culture shock, which occurs when people adapt to a new culture and surroundings. As you become accustomed to your new surroundings and establish a routine, these feelings will begin to subside. If homesickness, depression, or eating disorders persist, consider seeking out professional assistance.

Special Accommodations:
The accommodations available to students with disabilities in the United States may not be available to students studying abroad. It is unlikely that you will find the same medications, medical and/or psychological care, or support services at your study abroad site that you would at home. For you to fully assess whether you will be able to successfully complete a study abroad program, we encourage any student with special needs to review the program descriptions and to visit websites about the community in which you will be living and learning. If you wish to have assistance from Dickinson College in helping you to assess your ability to succeed in studying in a particular program or in identifying programs where more support may be available, you are encouraged to disclose your situation on the medical forms you completed during the application process or to come talk to the Center for Global Study and Engagement. Such disclosure is completely voluntary**.** If you travel to an abroad site, you will be expected to fully participate in the program. Therefore, you need to inform yourself about the demands of the program in order to plan ahead and to prepare to cope with your health needs in a new environment.

Health and Safety in Flight:
For safety and comfort, wear loose-fitting, natural-fiber clothing during your flight. Do not wear snug-fitting or heeled footwear! If possible, avoid wearing contact lenses. Low humidity in flight tends to remove the moisture from the eye's surface. It is helpful to do seat exercises or to walk in the aisles in order to maintain good circulation. One easy exercise you can do is to tap your toes while keeping your heels on the floor. This pushes blood up your legs and reduces swelling. Tap for several minutes every hour or so.

It is always advisable to sleep during long flights. You should avoid alcoholic beverages in flight because they cause dehydration. Recycled air also has a drying effect, so you should stay hydrated with non-alcoholic beverages. If you require a special diet, be sure to notify the airline at least 72 hours before departure.

The most common difficulty or problem that can result from flying is known as jet lag, which is the sudden sense of fatigue or wakefulness at the "wrong" time. Jet lag is more pronounced flying east than flying west. Veteran international flyers recommend going to bed and getting up at the customary local time from the beginning. This helps the body adjust quickly. Avoid naps until fully adjusted to the new time zone; the body confuses naps with night sleep.

Safety

Personal Security/Emergencies in Australia:

IN AUSTRALIA: Although the incidence of criminal activity is generally low in Australia, when traveling in major cities you should observe the same level of caution that you would in any major U.S. city. As a precaution, students should be wary of their personal property and avoid traveling alone at night.

EMERGENCIES WHILE TRAVELING: If you have a medical emergency while traveling, get assistance and notify the Resident Director as soon as possible. If necessary, be prepared to pay in cash upfront and submit receipts to your insurer for reimbursement later. In case of the loss or theft of your passport, contact the local police and nearest U.S. embassy or consulate. See details for the U.S. Embassy below.

EMERGENCY KEYCHAIN: In a very serious emergency, use the contact numbers on your emergency key chain to reach the Center for Global Study and Engagement during work hours, or 24/7 through the Public Safety number.

LOST/THEFT OF PASSPORT: The loss or theft of a U.S. passport should be reported immediately to the local police and the nearest U.S. Embassy or Consulate. When you travel, carry a photocopy of your passport's main page instead of the passport itself so that your passport can be more easily replaced. The contact information for the U.S. Consulate that serves the Queensland area is:

MLC Centre
19-29 Martin Place
Sydney NSW 2000
Tel: 011-61-2-9373-9200 (from U.S)
(02) 9373-9200 (within Australia)
(02) 4422-2201 (after hours)
http://sydney.usconsulate.gov/

Family Emergencies:
Since you will be far away from home for an extended period of time, it is good to discuss with your family what to do in the case of a family emergency while you are overseas. This should include what you would do if a family member becomes ill or dies.

It is important to consider how your family will respond if you are involved in an accident or suffer from a severe illness while abroad. We advise one or both parents to obtain a current passport in case of emergency. This should be done before you depart the U.S.

Final Thoughts:
Observing these mentioned precautions will be reassuring to you and to your parents, relatives, and friends at home. However being overly concerned with safety should not interfere with the enjoyment of life and study in another country.

Sexual Assault Abroad

Sexual assault and rape can happen to people across gender identities anywhere in the world. Violence, specifically sexual assault, continues to be a serious problem both on and off of college and university campuses and students heading off campus to study abroad/away should continue to be vigilant about being aware and safe, as well as understanding your role in helping to look out for one another and be active bystanders.

Sexual assault is defined as any unwanted sexual contact, including rape.

It is important to know that victims do not cause sexual assault. Any sexual contact with you without your consent—regardless of how well you know someone, how much you've had to drink, or whether some of the sexual activity was consensual – is wrong.

While most students do not experience sexual assault while abroad, it is important to know procedures, resources and care information in the event that this happens to you, a friend or a colleague while abroad.

If you are sexually assaulted:

- If you have been sexually assaulted while abroad, get yourself to a safe place and consider talking to a friend and/or to the on-site staff/ Dickinson College faculty member abroad as soon as possible. If you cannot make it home for the night, be sure you are in a safe and secure environment. Call your local contact or Dickinson faculty member/program assistant immediately and consider getting medical attention. It is completely up to you if you want to report the assault to local law enforcement or college officials. Understanding that reporting is an intensely personal process, and is considered empowering and therapeutic for some yet emotionally draining and insufficient for others. Dickinson College respects your right to decide whether or not to report.

Talking with your on-site staff/faculty director

- Cultural and societal attitudes toward rape and sexual assault victims may vary greatly in different countries and parts of the world. The support you receive from local law authorities, university/program staff and others, in addition to the resources available to you, will vary from country to country and program to program. In the United States, for example, if you tell a medical professional that you have been raped, he or she may be legally required to report your name and situation to the police. However, you have the legal right to refuse speaking with the police. Laws in other countries may provide you with more or less decision making power. Therefore, it is important to consult with local staff/faculty abroad and read about your host country's legal norms regarding rape and sexual assault.

Reporting to local police

- Whether you decide to report to local authorities or not, it is still a good idea to have a medical exam to see if you were injured and to check for sexually transmitted infections and pregnancy. It is important to understand that a medical forensic examination can be potentially invasive and the more you know about the examination, the better. A rape kit aims to collect evidence from a sexual assault. Evidence can be collected from your body, clothes and other personal belongings. You do not have to report the crime in order to have the examination performed. To prepare for the examination, try to avoid bathing, showering, using the restroom, changing your clothes, combing your hair or general clean up to the area. The examination usually takes a few hours and will vary. You can have someone attend the examination with you, if you want. During the examination, you will receive immediate care, go over your medical history, have a head-to-toe physical examination and discuss follow up care. Youi can stop, pause or skip any of these steps. A Sexual Assault Nurse Examiner (SANE) will perform the examination. There may be some discomfort associated with the exam, and you should feel free to tell the SANE nurse if you are having any issues with the examination.
- Be aware, though, that some countries will require the attending physician to alert the police; however, this varies by country. You may receive a physical exam and avoid legal involvement by not disclosing the sexual assault to the medical professionals, if you do not want to report the assault to the police. If you choose to report to the police, please speak with on-site staff/program faculty director to assist you with this process, if you want. Again, reporting is completely up to you.

Care after sexual assault

- Sexual assault is a traumatic experience and affects people very different, therefore, the care that one needs after such an incident varies. You may feel angry, embarrassed, ashamed, scared or guilty. Emotions can occur immediately after the assault, or years later. This is absolutely normal after this type of trauma and it is important that you consider your resources for help. Advice from a counselor, support group, and other survivors may help. Dickinson and on-site staff can help provide you with information on professional and legal assistance both in your host country and the United States.
- Contacts at Dickinson are as follows:

Donna Greco, grecod@dickinson.edu – Title IX Coordinator
Kelly Wilt, wiltk@dickinson.edu – Director, Prevention, Education and Advocacy Center
The Center for Global Study and Engagement, global@dickinson.edu
Department of Public Safety, 717-245-1111 (emergency line), 717-245-1349

SEXUAL ASSAULT FACTS!

FACT: According to United States Department of Justice document, Criminal Victimization in the United States, there were overall 191,670 victims of rape or sexual assault reported in 2005. Only 16 percent of rapes and sexual assaults are reported to the police (Rape in America: A Report to the Nation, 1992). Worldwide, a United Nations statistical report compiled from government sources showed that more than 250,000 cases of male-female rape or attempted rape were recorded by police annually. The reported data covered 65 countries.

FACT: False rape reports are very rare and are not more common than for any other felony crime. In reality, sexual assault is the most underreported violent crime in the U.S. 84 percent of rapes are never reported to the police.

FACT: Rape is not sex. Sexual assault uses sex as a weapon to dominate, humiliate, and punish victims. Perpetrators plan most sexual assaults in advance. Sexual violence is not just an individual or relationship problem, but stems from institutional sexism, racism, heterosexism, and other forms of oppression.

FACT: Sexual assault is a crime of power and control, not sexual attraction, and perpetrators often choose victims whom they perceive as vulnerable. Sexual assault survivors include people of all ages, gender identities, sexual orientations, races, classes, etc.

FACT: Men represent 13 percent of sexual assault survivors. Typically, the perpetrator is a heterosexual male. Being sexually assaulted cannot "make someone gay."

ADDITIONAL RESOURCES:

SASHAA – Sexual Assault Support and Help for Americans Abroad
Dickinson College Sexual and Relationship Violence Resources
Dickinson College Department of Public Safety (717-245-1111 emergency)
US State Department Help for U.S. Citizens Victims of Crime Overseas

CULTURAL PERSPECTIVES

Being Informed about the Host Country and World Affairs

What do you know about your host country?

1. Can you name the capital city and the head of state?
2. Can you name the major political parties and what they stand for?
3. How is the government organized in your host country as compared to the U.S.?
4. Name five large cities, identify their location and a feature they are famous for.
5. What are the key historical events of the 20th and 21st century in your host country?
6. What are the major religions in your host country and what role do they play?
7. Who are the major literary and/or cultural figures of the last two centuries?
8. What is the state of the economy? What are its problems, successes, and how is it organized?
9. Can you identify on a map the major rivers, mountain ranges, and other significant geographical features?
10. Can you identify on a map the states, provinces, or other political subdivisions of the country?
11. How is the educational system organized and funded?
12. What is the predominant view in your host country regarding current U.S. foreign policy?

Without researching the answers, most of us would do poorly on this little quiz. However, most local people at your study abroad destinations could probably answer most of these questions about the U.S. Think about it!

Before you leave, do some serious research to educate yourself about your host country. Travel guidebooks and encyclopedias offer a respectable starting point. Read books, magazine articles, and newspapers about host country history, literature, geography, cuisine, etc. We strongly recommend you to consult Australian news such as The Australian (www.theaustralian.news.com.au), The Sydney Herald (www.smh.com.au), and The Financial Review (www.afr.com).

Foreign films are also a good resource. Take the initiative and get acquainted with international students on Dickinson's campus before going abroad.

No matter where you go, you will be asked hard questions about U.S. foreign policy, the U.S. government, and its actions. It is crucial that you have an understanding of what is going on internationally. Read newspapers and magazines that cover international affairs in depth. Include foreign news sources to expose yourself to other perspectives and a different set of facts abroad. The point is: you do not want to arrive abroad poorly informed or be caught off-guard by an encounter with viewpoints sharply different from your own. You especially need to be knowledgeable about the situation in Iraq and the Middle East, and how your host country and the United States stand in relation to those areas. People will have strong opinions and want to engage you in dialogue. Prepare for these situations and recognize their value as learning opportunities.

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are listed. You have to "sign-up" with the NYT, which is free. Once you sign up, you can click on a box that says "International" and you will receive an email with headlines from the NYT every day.

Now is the time to prepare for your study abroad learning experience. We urge you to engage in learning about the world now!

The People:

Australian society is based on the 'tall poppy syndrome,' where no one likes to stick out of a crowd or appear better than anyone else (like the tall poppy flower, growing above the rest). Consequently, Australians will be quite modest about their achievements or financial background. Australians definitely do not like to 'honk their own horn'.

Australians are brought up to 'grin and bear it'; they are definitely not a society of complainers. In fact, most Australians cannot tolerate a 'whinger'.

Local Customs ("Do's and Taboos"):

- Maintaining eye contact during conversation is a sign of respect and interest.
- Never shout or talk loudly in public (Americans especially are noted for their loud voices rather than their accents).
- Most Australians have cell phones and are very savvy users, but they do not tolerate very public users. Do not speak loudly on a mobile (cell) phone in public; proper etiquette is to stand aside or take the call away from a crowd.
- Do not be surprised to be called "love," "dearie," or "darling" by salespeople.
- Pay attention to the ever-present "queue" (line). Always go to the end.
- Keep to the left when walking and be considerate when walking in a group on the footpath (side walk); don't walk more than two-abreast.
- Whenever you hear the national anthem "Advance Australia Fair," stand up out of respect.
- Eat European style, with knife and fork in hand at all times. When eating soup, spoon the soup away from you. Keep your other hand on the table at the forearm.
- If you give the peace sign, make sure your palm is facing out (otherwise it is a very rude gesture).

Racial/Gender/Sexuality Issues:

RACIAL ISSUES: Racism is just as much of a problem in Australia as it is in the United States, and you may find Australians to be politically incorrect by your own standards. Newly-arrived immigrants are often targets of discrimination. U.S. citizens may encounter remarks about their American "accent." It helps to keep your voice low, since U.S. American speech is more often noticed overseas for its loud volume than for the accent itself. U.S. citizens may also encounter "anti-American" comments or behavior, largely due to U.S. politics; though this is likely to be decreasing due to the change in administration. It is usually best to divert the conversation or simply walk away if you do not know the person and do not wish to engage in confrontational conversation.

GENDER ISSUES: As in other countries, evidence of sexism can be found quite readily in Australia, although the long-held stereotype that Australian men are particularly chauvinistic is false. This stereotype was borne out of Outback traditions/stories of the past, and no longer applies in today's modern society. At the same time, there is a very strong and issue-oriented women's movement. Australia was the second country in the world to give women the vote; New Zealand was the first.

SEXUALITY ISSUES: Homosexuality is legal in Australia, but there are issues about age and consent. Cities have special clubs and nightspots catering to gays and lesbians, and most universities have on-campus organizations that discuss GLBT issues.

Australian Sources of Information*:

It is important to keep up with current events from an Australian/Asian point of view while in Australia to become more aware of the culture and intellectual climate of the country. Respected Australian newspapers include: The Australian **(**www.theaustralian.news.com.au), The Sydney Herald **(www.smh.com.au**), and The Financial Review (www.afr.com).

The local daily paper is The Courier Mail (www.couriermail.com.au).

*****You may want to see if you can subscribe to the newspapers on-line service so that the news is sent to your e-mail daily.

Suggested Reading and Websites:

Books:

In a Sunburned Country by Bill Bryson.

Titled *Down Under* in Australia and the UK, this is a personal look at Australia by a well-known and witty travel writer. Take the information regarding dangerous insects/animals with a grain of salt – you are hardly likely to encounter any of those while in Australia!

Chasing Kangaroos by Tim Flannery

Websites:

- The official Australian Tourism Site: http://www.australia.com/
- Brisbane: http://www.ourbrisbane.com/
- Lonely Planet: http://www.lonelyplanet.com/destinations/australasia/brisbane/
- University of Queensland: http://www.uq.edu.au/
- UQ Sports: http://www.uqsport.uq.edu.au/
- UQ Student Union: http://www.uqu.uq.edu.au/
- UQ Student Union Clubs and Societies: http://www.uqu.uq.edu.au/index.php?option=com_content&view=article&id=74&Itemid=11
- Australian Embassy Pre-Departure Guide: http://www.studyinaustralia.gov.au/

THE "LANGUAGE BARRIER"

The "Language Barrier":
If someone said they needed to borrow your torch to look under their bonnet and suss out the mechanics, or that fair dinkum, their boot was chockers with bikkies for afternoon tea, or your new Australian friend's mother was shocked when you said, "My Aunt Fanny roots for the Red Sox" -- you'd soon realize that the Australians and Americans have much in common, except the language.

Australian	American
Back dated	Retroactive
Bangers and mash	Sausage and mash potatoes
Biro	Ballpoint pen
Biscuits or 'bikkies'	Cookies
Bonnet	Hood of car
Book	Reserve
Boot	Trunk of car
Rockmelon	Cantaloupe
Capsicum	Peppers (red, yellow, green)
Car park	Parking lot
Chemist	Drug store
Chips	French fries
Chockers	Full
Chuffed	Excited
Corriander	Cilantro
Crisps	Potato Chips
Dinkum/Fair Dinkum	For real/true
Drawing pin	Thumb tack
Garbo	Garbage man
Fanny	Female genitalia (slang)
First floor	Second floor
Flat	Apartment
Flog	Sell
Fortnight	Two-week period
Frock	Dress
Ground floor	First floor
Grog	Beer/alcohol
Jelly	Jell-O
Jam	Jelly
Jumper	Sweater
Knickers	Underpants (female)
Lift	Elevator
Lollies	Candy
Loo	Toilet
Mark	Grade
Bottle Shop (Bottle-O)	Liquor Store
Pants	Underpants (male)

Prang	car accident
Foot path	Sidewalk
Mackers	McDonald's
Mobile	Cell Phone
Pear-shaped	Wrong
Petrol	Gasoline
Pissed	Blind drunk
Piss/Plonk	alcohol/cheap wine
Piss up/Smack Piss	Party (with alcohol)
Post	Mail
Prawns	Shrimp
Pub	Bar
Queue	Line (of people)
Randy	Horny
Return	Round-trip ticket
Ring	Phone/call
Roundabout	Traffic circle
Root	Sex (slang)
Seppo	American (derived from Cockney Rhyming slang)*.
Shandy	Lemonade and beer mixed
Singlet	Tank top
Squash	Soft lemon fizzy drink
Suss	Investigate/explore
Takeaway	Takeout (usually fast food)
Thongs	Flip flops
Tights	Pantyhose
Togs	Swimsuits
Toilets	Restrooms
Torch	Flashlight
Trousers	Pants, slacks
Uni	University
Skivvy	Undershirt
Sweet as	Awesome
Way out	Exit
Whinger/Whingeing	Complainer/complaining
Zebra crossing	Pedestrian crossing
Zed	Z

* Quick lesson in 'rhyming slang': 'Yankee' is shortened to 'Yank' which rhymes with 'tank', which becomes 'septic tank' or 'seppo' for short. Some other rhyming slang are: 'china' means 'mate' ('china plate' rhymes with 'mate')

The list goes on and on. You will enjoy adding your favorites.